

Special Discounts

for SENIORS & PEOPLE WITH DISABILITIES
throughout Seattle and King County



Mayor's Office for Senior Citizens



*Seattle Human Services Department
Gregory J. Nickels, Mayor*

City of Seattle



CO-SPONSORED BY KING COUNTY & UNITED WAY OF KING COUNTY

MAYOR'S OFFICE FOR SENIOR CITIZENS

Tom Rasmussen, Director
618 Second Avenue, Room 250
(2nd & Cherry)
Seattle, WA 98104

www.cityofseattle.net/humanservices/mosc

Telephone: (206) 684-0500

TTY: (206) 233-2778

Fax: (206) 684-0494

Accommodations made for people with disabilities upon request.

WRITING AND LAYOUT BY
CYNTHIA ELLISON AND BETH LOTT

MARCH 2002

Introduction and Notice

This directory is created by the Seattle Mayor's Office for Senior Citizens. It includes a variety of businesses and organizations that offer discounts to senior citizens and people with disabilities.

You may notice that various businesses define "senior" differently (for example, age 60 or age 65). Some extend discounts only to holders of the Senior Identification Card called the "Gold Card for Healthy Aging" or the ID / Discount Card for people with disabilities called the "FLASH Card."

We want to hear from you. Please call us if you have comments about services you receive from the businesses listed in this directory. If you know of a business or service not yet listed here that offers discounts to seniors and people with disabilities, call us at (206) 684-0500.

Please note: The City of Seattle has not investigated the services listed. This is not a complete list of all businesses which provide

discounts to seniors or people with disabilities. The Mayor's Office for Senior Citizens neither endorses the businesses nor warrants the service, products or the quality. We also do not guarantee that businesses offer the lowest price. You are urged to comparison shop, seek advertised specials, or contact the Better Business Bureau. It is important to weigh your options carefully when making a major purchase.

Remember to get a written contract covering exactly what will be done in a repair estimate or when purchasing services. The discounts and terms listed may change without notice.

The Mayor's Office for Senior Citizens is part of the City of Seattle Human Services Department and complies with all federal, state and local laws prohibiting discrimination.

MAYOR'S OFFICE FOR SENIOR CITIZENS

The Mayor's Office for Senior Citizens offers a variety of services for seniors and people with disabilities.

Utility Discount Program

Income-eligible seniors 65+ and people with disabilities may qualify for reduced rates on combined utility (water, sewer, and solid waste) and City Light bills, as well as free appliance repair service.

Age 55+ Employment Resource Center (ERC)

This free service for people 55+ provides evaluation of individual skills and qualifications, job referral, job search/job workshops, a job hotline and a web site. Area businesses notify the ERC of job openings.

Information and Assistance

Seniors, families and friends are provided with resources and referrals to a wide variety of services for seniors.

Volunteer Program

We match seniors and others with interesting ongoing or one-time volunteer opportunities.

Arts and Events

We distribute free tickets to recreational and cultural events. We also sponsor major events throughout the year.

Intergenerational Program

We sponsor a variety of opportunities for seniors and young people to share their unique skills, experiences and interests.

For more information, call (206) 684-0500 or TTY (206) 233-2778.

Our website is: www.cityofseattle.net/humanservices/mosc/. We are open 8:00 AM to 5:00 PM Monday through Friday.

GOLD CARD

SENIOR CARD FOR HEALTHY AGING

The Gold Card is for all King County residents 60 years of age and older.

The Gold Card has the toll free Senior Information and Assistance number: **1-888-4ELDERS (1-888-435-3377)** printed on its face. Senior Information and Assistance (I&A), a telephone based community service, can provide confidential advice on a variety of topics, such as:

- ◆ Help with government agencies, Social Security and Medicare
- ◆ Health care, dental care or immunizations
- ◆ Meal delivery or shopping assistance
- ◆ Options for housing or assisted living
- ◆ Transportation services

Senior I & A staff answer questions relating to the needs or issues of the elderly, direct seniors and others to an appropriate agency or resource or contact the agency or resource on behalf of the caller. Senior I & A can arrange home visits for intensive needs and follow up to make sure the services are received and that the information was helpful.

The Gold Card is the senior identification card for the City of Seattle and provides access to many services. It is used by Seattle's Animal Control for a 50 percent senior discount on dog and cat licenses. Some merchants listed in this directory may require the customer to show their Gold Card to receive a discount.

The card has a barcode imprinted on it which can be used for registration for senior nutrition programs throughout Seattle and King County. Also, the card can be used as a library card at the Seattle Public Library.

The Gold Card can be obtained from the Mayor's Office for Senior Citizens (618 Second Avenue Alaska Building, 2nd floor, Seattle), Seattle's Neighborhood Service Centers, Seattle Parks and Recreation Community Centers, Seattle's Animal Control Office and many senior nutrition sites.

FLASH CARD

DISCOUNT/ID CARD FOR PEOPLE WITH DISABILITIES

Seattle has introduced a new discount/identification card for people with disabilities. The card is called the **FLASH** Card. **FLASH** stands for **F**un **L**eisure **A**ccess **S**avings and **H**ealth.

The **FLASH** card replaces the discount/identification card previously issued by the Mayor's Office for Senior Citizens. It is similar to the **GOLD** Card issued to people 60 and older. Eligibility requirements for the card are the same as for a METRO reduced fare permit for disabled persons and for the Utility Discount Program provided by the City of Seattle. The card provides identification and eligibility for discounts from various businesses, restaurants, theaters, and professional services listed in this directory.

The **FLASH** card features the Community Information Helpline telephone number (206-461-3200). It is designed to be read by people with vision disabilities and is embossed in Braille. Cardholders will receive discounts on services and products. The card also has a barcode for Seattle Public Library use and includes the Crisis Clinic web site address.

People with temporary disabilities will be provided a discount/identification card printed on paper with an expiration date.

The card can be obtained in person at the office or by completing an application form and mailing it to the Mayor's Office for Senior Citizens. The card is also available at three other locations: the Community Services for the Blind and Partially Sighted located at 9709-3rd NE Suite 100, Seattle (telephone: 206-525-5556); the Washington Coalition of Citizens with Disabilities at 4649 Sunnyside Ave N #100, Seattle (telephone: 206-545-7055 or TTY 206-632-3456); and the Special Technology Access Resources (STAR) Center at 2121 26th Avenue South, Seattle (telephone: 206-325-4284). For more information please call the Mayor's Office for Senior Citizens at 206-684-0500 or TTY 206-233-2778. Information on the **FLASH** card is available in Braille and on cassette.

Table of Contents

Resources For Seniors and People With Disabilities	6
Attorneys and Legal Assistance	7
Auto Repair	8
Banking Services	19
Beauty Shops and Barbers	19
Chiropractors	26
Cleaners: Clothes and Upholstery	27
Clinics: Dental and Medical	30
Crafts/Art/Hobbies	32
Education/Training	34
Electric Contractors	35
Foodbanks/Groceries/Markets	37
Furnace Repair/Cleaning/Heating Oil/Gas	40
Hardware/Building Supplies/Appliances	42
Hearing and Testing	43
Home Repair and Construction	45
Insulation	46
Locksmiths	47
Optometrists and Optical Dispensers	48
Painters and Painting Equipment	52
Pharmacies, Health Food and Medical Supplies	53
Plumbers and Sewer Cleaners	58
Property Tax Exemption/ Real Estate Services	60
Recreation	61
Restaurants	66
Retail Shops	79
Theaters, Museums, and Performing Arts	84
Transportation: Buses, Ferries, Trains	88
Travel & Accommodations	89
Utilities	91
Veterinarians	93
Miscellaneous	98

RESOURCES FOR SENIORS AND PEOPLE WITH DISABILITIES

The following is a partial list of numbers which may be of assistance:

55+ Job Line:	(206) 684-0477
African American Elders Project:	(206) 674-9271
Aging & Disability Services:	(206) 684-0660
Asian Counseling and Referral Service:	(206) 695-7600
Chinese Information and Service Center:	(206) 624-4062
Community Information Line:	(206) 461-3200
	or (800) 621-4636
Crisis Clinic:	(206) 461-3222
Disabled Information and Assistance:	(206) 461-3200
Easter Seal Society:	(206) 281-5700
Emergency:	911
King County Aging Program:	(206) 296-5216
King County Metro's Accessible Services:	(206) 689-3113
http://transit.metrokc.gov/accessible.access.html	
King County Office Of Complaints :	(206) 296-3452
King County Property Taxes:	(206) 296-3920
King County Records & Elections:	(206) 296-1565
King County Respite Program:	(206) 448-3110
Latino SeaMar Information and Assistance:	(206) 764-4716
Meals on Wheels:	(206) 448-5767
Senior Information and Assistance:	(888) 435-3377
	or (206) 448-3110
Social Security Administration:	(800) 772-1213
SS Administration Website:	www.ssa.gov
SPICE Program:	(206) 634-3605
US Health & Human Services-	
Medicare Issues:	(800) 633-4227
Utility Discount Appliance Repair	(206) 684-3939
Volunteer Matching Programs:	(206) 684-0639
Voting Information:	(206) 296-8683
Washington State Human Rights Commission:	(206) 464-6500

ATTORNEYS AND LEGAL ASSISTANCE



Columbia Legal Services

(206) 464-5911

Free services for seniors, people with disabilities or homeless people who are referred by their case manager.

Donaldson & Knigge

Attorneys at Law

210 Summit Ave E

Seattle, WA 98102

donaldsonknigge3@qwest.net

(206) 329-4025

Free consultation. Home evening and weekend appointments. Senior discount for all personal injury, wills, probate matters.

Elder Law

1601 2nd Ave

Seattle, WA 98101

(206) 448-5720

Senior Rights Assistance in cooperation with the King County Bar Association sponsors the "Elder Law Legal Clinic." Two Fridays per month by appointment only. Clients meet privately with an attorney for 45 minutes at no cost.

Joe Scalone, PSC

Attorney-At-Law

P.O. Box 696

Kirkland, WA 98083-0696

jscalone@ix.netcom.com

(425) 649-9567

Single living trust \$695. Simple Will: \$95. 10% off all other legal fees. Senior I.D. card required. Age: 50+ or people with disabilities.

Law Offices of Kenneth B. Shellan & Associates

Serving the entire Puget Sound

1-800-544-6337

Home consultations and phone consultations free. 25% discount applies only to injury victims. Age: 50+ or people with disabilities.

Lawyer Referral Service

600 Bank of California

Seattle, WA 98164-1060

www.kcba.org

(206) 623-2551

Referral to appropriate attorney: \$30 consultation fee includes 1/2 hour with attorney. Seniors (over 60) may qualify for reduced attorney fees or pro bono (free) referral, depending on income/assets. Others may qualify for low fee if financial guidelines are met. Tell interviewer if low-income.

**Legal Action Center of
Catholic Community Services**

100 23rd Ave S
Seattle, WA 98144
(206) 324-6890

Free to **low-income** people.
Services including landlord
tenant issues and debtor and
consumer matters.

**Nina Harding
Attorney at Law**

901 24th Ave S
Seattle, WA 98144
(206) 329-6370

Free consultation. Appointments
evening and weekend. Senior
discount for probates and wills.

**Seattle/King County Bar
Association**

Neighborhood Legal Clinic

(206) 340-2593

Free advice for 1/2 hour. Call
for an appointment Mon-
Thurs. between 9:00 am to
12:00pm. No age requirements.

Senior Rights Assistance

1601 2nd Ave
Seattle, WA 98101
(206) 448-5720

A nonprofit organization of
senior volunteers trained in
several fields to give legal
information and assistance to
senior citizens. Services are
offered at no cost. Age: 55+



**AUTO
REPAIR,
TOWING**

1st Auto Service

1021 Auburn Way S
Auburn, WA 98002
(253) 939-4816

10% off total bill if not already
discounted. Age: 60+ or people
with disabilities.

212th Automotive

7612 S 212th St
Kent, WA 98032
(253) 395-4434

10% on parts used in vehicle
repair. Age: 60

AAMCO

5% off on all services, not good
on any other type of offer.
Age: 60+ or people with disabili-
ties.

1535 Auburn Way N
Auburn, WA 98002
(253) 833-0820

500 SW Grady Way
Renton, WA 98055
(425) 235-7465

ABT Towing of Federal Way

1210 S 343rd St

Federal Way, WA 98003

(253) 838-6342

20% off. Age: 60+ or people with disabilities.

A & M Auto Repair

(Trucks & Motor Homes)

13451 SE 27th Pl

Bellevue, WA 98005

amautofactoria.com

(425) 641-9455

5% off parts and labor.

Age: 60+ or people with disabilities.

Airbag Service

9675 SE 36th St #100

Mercer Island, WA 98040

office@airbagservice.com

(800) 224-7224

10% off parts & labor. Discount good on retail work only.

Age: 60+ or people with disabilities.

Aurora Clutch & More

8401 Aurora Ave N

Seattle, WA 98103

(206) 782-1531

10% off all services. Not good on any other type of offer.

Age: 60+ or people with disabilities.

Auto Depot, Inc

3500 Rainier Ave S

Seattle, WA 98144

www.autodepotonline.com

(206) 725-3500

10% off on all services & products. Age: 60+ or people with disabilities.

Auto Repair Center

9217 Roosevelt Way NE

Seattle, WA 98115

(206) 729-3801

10% off parts & labor when card is presented at time of write up. Age: 60+ or people with disabilities.

Bel-Red 76 Auto Service

14014 Bel-Red Road

Bellevue, WA 98072

(425) 641-7084

Gas prices are \$0.02 off &

10% off labor & repair.

Age: 60+ or people with disabilities.

Bernard Imports

11020 E Marginal Way S

Tukwila, WA 98168

www.bernardusa.com

(206) 762-7300

10% off parts and labor.

Excludes specials. Age: 60+ or people with disabilities must have "DP" Plates.

**Best Service Repair
Foreign Car Specialists**

935 N 96th

Seattle, WA 98103

(206) 525-0240

10% off total bill, from oil
change to engine rebuild.

European & Japanese.

Age: 60+ or people with
disabilities.

Bill Hazelett

619 Washington Ave N

Kent, WA 98035

otto@buyachevy.com

(253) 854-0100

(800) 638-7222

10% off. Age: 65+ or people
with disabilities.

Bill Pierre Dodge

11323 Lake City Way NE

Seattle, WA 98125

www.pierredodge.com

(206) 363-6400

10% off parts and labor.

Age: 60+ or people with
disabilities.

Bothell Import Service

19319 Bothell-Everett Hwy

Bothell, WA 98012

bothellimportservice@msn.com

(425) 481-3210

20% off service & repairs.

Does not include electrical
diagnostics. Age: 60+ or
people with disabilities.

Bothell Tire & Automotive

17210 Bothell Way NE

Bothell, WA 98011

(425) 481-5050

10% off parts & labor for
repairs over \$100. Some
exclusions apply. Age: 60+ or
people with disabilities.

Bracy Auto Body

5503 MLK Jr S

Seattle, WA 98118

(206) 723-1774

20% off estimates for com-
pleted jobs. Age: 60+ or
people with disabilities.

Burien Auto Repair, Inc.

617 SW 154th St

Seattle, WA 98166

Burienautorepair.com

(206) 242-9558

10% off. Age: 60+ or
people with disabilities.

Burien Toyota

15025 1st Ave S

Burien, WA 98148

Burien@burientoyota.com

(206) 243-0700

10% off parts and labor.

Excludes Body Shop. Age: 62

Courtesy Tire

5% off on all parts & labor.

Age: 60+ or people with
disabilities.

West Seattle Location
4820 California Ave SW
Seattle, WA 98116
(206) 932-5044

Madison Street Location
2102 E Madison St
Seattle, WA 98112
(206) 329-7525

Carter Subaru

17225 Aurora Ave N
Seattle, WA 98133
cartersubaru.com
(206) 542-1166
15% off parts & labor.
Age: 60+

Crown Hill Automotive

9009 Holman Rd NW
Seattle, WA 98117
(206) 782-7950
10% off before tax. Age: 65+
or people with disabilities.

Doxon Toyota

3405 Auburn Way N
Auburn, WA 98002
dweil@doxontoyota.com
(253) 833-4555
10% off parts and services.
Age: 60+ or people with
disabilities.

Downtown Automotive

572 Mercer St (at the corner of
6th Ave N & Roy St)
Seattle, WA 98109

DTABajema@aol.com
(206) 270-8500

Designated repair facility for
AAA. 5% off labor for seniors.
Age: 55+ or people with
disabilities. Free pickup &
delivery services available
within a 2 mile radius.

Duke's Transmission Service

13810 1st Ave S
Seattle, WA 98168
duke'stransmission@aol.com
(206) 241-5355
10% off parts and labor. Free
pickup 3 mile area. Age: 60+
or people with disabilities.

Earl's Garage, Inc.

14515 15th Ave NE
Seattle, WA 98155
www.earls-garage.com
(206) 364-7400
5% off parts when asked for
before service rendered.
Age: 60+ or people with
disabilities.

East Side Automotive & Tire

12676 NE 85th St
Kirkland, WA 98033
(425) 827-8686
10% off everything.
Age: 60+ or people with
disabilities.

Econo Lube N' Tune

2501 NE 55th St
Seattle, WA 98105
www.econntt@msn.com
(206) 523-9410

10% off regular prices.
Age: 60+ or people with
disabilities.

Edwards Automotive Service

950 N 128th
Seattle, WA 98133
www.edwardsauto@aol.com
(206) 362-1960

5% off. Age: 60+ or people
with disabilities.

Elliott Tire & Service**GoodYear**

10% off all parts, labor &
services over \$100. 10% off tires
not on sale. Age: 60+ or people
with disabilities.

www.etireandservice.com

444 Elliott Ave W
Seattle, WA 98119
(206) 284-0600

5601 15th Ave NW
Seattle, WA 98107
(206) 783-4423

4441 Fauntleroy Way SW
Seattle, WA 98126
(206) 932-1346

Europa-Bellevue

12700 Bel-Red Rd
Bellevue, WA 98005
(425) 454-1432
10% off parts and labor.
Age: 60+ or people with
disabilities.

Eurotech, Inc.

6825 NE 153rd Pl
Kenmore, WA 98028
revrok@aol.com
(425) 488-8324
10% off parts on any bill
totalling \$50 or more.
Age: 60+ or people with
disabilities.

Evergreen Auto Glass, Inc.

16241 Cleveland St
Redmond, WA 98052
www.evergreenautoglass.com
(425) 883-1001
10% off & we offer free mobile
service. Age: 60+ or people
with disabilities.

Factoria Chevron

3204 129th Pl SE
Bellevue, WA 98005
(425) 746-8945
10% off labor, full service
gas at self service prices.
Age: 60+ or people with
disabilities.

Fauntleroy Autoworks

6401 California Ave SW

Seattle, WA 98136

(206) 935-7551

10% off parts and labor.

Age: 60+ or people with disabilities.

Gary's Automotive Services

505 Park Ave N

Renton, WA 98055

(425) 228-0570

10% off up to \$40.

Age: 60+ or people with disabilities.

Glen Grant Chevy, Mazda

14400 1st Ave S

Seattle, WA 98168

www.ggrantservice@quest.net

(206) 243-5800

15% off parts and labor.

Age: 60+ or people with disabilities.

Goodyear Auto Service Ctr**Sam's Tire**

423 Auburn Ave N

Auburn, WA 98002

st8340@attglobal.net

(253)833-5767

10% off service and repair 5% off tires. Age: 60+ or people with disabilities.

Hermann's International Auto Service

6800 Roosevelt Way NE

Seattle, WA 98115

(206) 522-7766

10% off parts and labor, up to \$100. Age: 60+ or people with disabilities.

Hiline Auto Repair

834 SW 149th

Burien, WA 98166

(206) 242-6304

10% off parts and labor. Age: 65+ or people with disabilities.

Import Auto Service

409 Rainier Ave N

Renton, WA 98055

(206) 772-7580

10% off parts and labor. Age: 60+ or people with disabilities.

J & M Automotive

11552 15th Ave NE

Seattle, WA 98125

(206) 365-0338

10% off labor.

*Free 35 point inspection and tire rotation (\$50 Value). Age: 60+ or people with disabilities.

Jim Adams Auto Clinic

16268 5th Ave NE
Shoreline, WA 98155
(206) 364-0976

10% off labor. Age: 60+ or
people with disabilities.

Jim's Honda & Acura

12248 Aurora Ave N #C
Seattle, WA 98133
(206) 362-5517

10% off. Age: 60+ or people
with disabilities.

**Kelly's Totem Lake
Auto Care**

13131-B NE 124th St
Kirkland, WA 98034
www.kellysautocare.com
(425) 827-6411

10% off parts and labor.
Age: 60+ or people with
disabilities.

King's Transmission

2939 - 4th Ave S
Seattle, WA 98134
www.kings-trns@msn.com
(206) 624-1859

10% off work. Age: 65+ or
people with disabilities.

Kirkland Chrysler Jeep

12828 NE 124th St
Kirkland, WA 98034
www.kirklandchryslerjeep.com
(425) 821-1777

15% off parts and service.
Age: 60+ or people with
disabilities.

Lake City Transmission

12300 Lake City Way NE
Seattle, WA 98125
(206) 365-3000

10% off parts and labor.
* 28 years same owner and
location and a B.B.B. Honor
Roll Member. Age: 60+ or
people with disabilities.

Lakeside Collision Center

13242 NE 16th St
Bellevue, WA 98005
lakesideauto.com
(425) 641-5475

10% off customer's deductible
amount. Age: 60+ or people
with disabilities.

**Lake Stevens Tire &
Automotive**

9015 Vernon Rd #8
Lake Stevens, WA 98205
(425) 397-9830

10% off parts & labor for
repairs over \$100. Some
exclusions apply. Age: 60+ or
people with disabilities.

Lee's Automotive

13281 Aurora Ave N
Seattle, WA 98133
www.ty18@msn.com

(206) 362-4449
10% off. Age: 60+ or
people with disabilities.

**M&N Specialty Automotive
Repair Center**

6701 15th Ave NW
Seattle, WA 98117
www.specauto.homestead.com
(206) 789-7686
20% off on all services.
Age: 60+ or people with
disabilities.

Master Automotive

1537 Auburn Way N
Auburn, WA 98002
(253) 333-2334
10% off parts and services.
Age: 60+ or people with
disabilities.

Meineke Discount Muffler

8401 Aurora Ave N
Seattle, WA 98103
(206) 789-9623
10% off. Age: 60+ or people
with disabilities.

Midas Auto Service Experts

5% off parts & labor. Age: 60+
or people with disabilities.

7055 15th Ave NW
Seattle, WA 98117
(206) 784-7220

12005 NE 12th St
Bellevue, WA 98005
(425) 454-2782

17410 Bothell Way NE
Bothell, WA 98011
(425) 485-6585

12020 NE 85th
Kirkland, WA 98034
(425) 827-0451

1655 NW Mall St
Issaquah, WA 98027
(425) 391-9157

Midas Auto System Experts

2331 7th Ave
Seattle, WA 98121
(206) 441-8252
15% off. Not good on any
other type of offer. Age: 60+
or people with disabilities.

Millennium Ford, Inc.

14500 1st Ave S
Seattle, WA 98168
(206) 431-7333 -Service
10% off parts and service.
Age: 60+ or people with
disabilities.

**Moore's Body Shop/
Professional Collision**

140th & Aurora Ave
Seattle, WA 98133

Phil@pcmoores.com

(206) 363-6050

10% off any non insurance
related repair, or services.

*Free pick up and delivery.

*Free 2 day car rental on any
collision repair. AAA ap-
proved. Age: 60+ or people
with disabilities.

North Seattle Transmission

14711 15th Ave NE
Seattle, WA 98155-7124

(206) 364-3131

5% off on all repairs.

Age: 60+ or people with
disabilities.

Pacific Coast Ford

33207 Pacific Hwy S
Federal Way, WA 98003

www.pacificcoastford.com

(253) 838-6600

10% off parts and labor up to
a maximum of \$50. Age: 60+
or people with disabilities.

**Performance Exhaust &
Undercar, Inc.**

1087 Valentine Ave SE
Pacific, WA 98047

www.performanceexhaust.com

(253) 833-0669

15% off parts & 10% off labor.

Must present card at time of
quote. Age: 60+ or people
with disabilities.

Precision Tune Auto Care

10% off. Age: 60+ or people
with disabilities.

233 Sunset Blvd N
Renton, WA 98055

(425) 204-1111

8401 Aurora Ave N #E

Seattle, WA 98103

(206) 783-4461

Price Brothers Union 76

12235 NE 116th St
Kirkland, WA 98033

(425) 827-6287

10% off parts and labor. Full
service at self service prices.

Age: 60+ or people with
disabilities.

Prompt Auto Care, Inc.

6726 15th Ave NW
Seattle, WA 98117

paci@quest.net

(206) 783-7677

10% off parts and labor. No
other specials or discounts
apply. Age: 60+ or people with
disabilities.

**Puget Sound Radiator and
Speedometer Service**

8000 Lake City Way NE
Seattle, WA 98115
(206) 524-0886

10% off on all services.
Age: 62+ or people with
disabilities.

Renton Transmission

4233 NE Sunset Blvd
Renton, WA 98059
(425) 235-0101

20% off parts and labor.
Age: 60+ or people with
disabilities.

**Rick Stark Enterprises
Corvette Specialist**

12415 NE 124th
Kirkland, WA 98034
www.rickstarkcorvette.com
(425) 823-0522

20% off most auto parts. 10%
off labor on American cars
only. Age: 60+ or people with
disabilities.

Rose Street Auto Repair

8335 Rainier Ave S
Seattle, WA 98118
(206) 723-7500

10% off on parts (excluding
dealer parts) Age: 60+ or
people with disabilities.

**Scott's H&A Automotive
Honda/Acura**

1225 Dexter Ave N
Seattle, WA 98109
(206) 282-3151

For Honda or Acura auto
repair 10% off labor & 5% off
parts. Age: 60+ or people
with disabilities.

Snoqualmie Valley Towing

43023 SE Northbend Way
Northbend, WA 98045
tow4sno@aol.com
(425) 888-4884

20% off state towing rate. Age:
55+ or people with disabilities.

**Sound Discount Auto Repair
& Fast Lube**

500 SW Grady Way
Renton, WA 98055
(425) 271-3200

10% off service or repairs.
No other specials or discounts
apply. Age: 60+ or people with
disabilities.

Specialty Motors

12510-B 15th Ave NE
Seattle, WA 98125
(206) 367-4403

5% off. Age: 60+ or people
with disabilities.

Spencer's Shell, Automotive

1418 SW 107th St

Seattle, WA 98146

(206) 244-2697

10% off auto repair.

Age: 60+ or people with disabilities.

Superior Auto Trim, Inc.

12766 Bel-Red Road

Bellevue, WA 98005

(425) 454-5860

15% off list price of any accessories, parts or services.

Age: 60+ or people with disabilities.

Superior Automotive Service

4333 Leary Way NW

Seattle, WA 98107

superiorauto@cs.com

(206) 782-6474

15% off parts and labor, and

10% off all tire work.

Age: 60+ or people with disabilities.

TC'S Off Road Center

730 N Central

Kent, WA 98032

www.tcsoffroadcenter.com

(253) 852-2720

10% off parts and labor.

Age: 60+ or people with disabilities.

Tom's Automotive Service

3616 SW Oregon

Seattle, WA 98126

(206) 937-1144

5% off parts and labor up to \$20. Age: 55+ or people with disabilities.

Transmission Headquarters

6720 15th Ave NW

Seattle, WA 98117

(206) 782-4747

10% off parts and service. In-house overhauls. Age: 60+

Tru-Line Frame & Wheel

312 Boren Ave S

Seattle, WA 98144

(206) 325-3340

10% off parts and labor.

Age: 60+ or people with disabilities.

Valley Auto Doctor

229 N Washington

Kent, WA 98032

autodoctor@uswest.net

(253) 852-0800

10% off. Age: 60+ or people with disabilities

Wallingford Chevron

1420 N 45th St

Seattle, WA 98103

(206) 545-7262

10% off labor. Age: 60+ or people with disabilities.

Walt's Automotive

34110 Pacific Hwy S
Federal Way, WA 98372
(253) 927-1137

15% off any products or services regular priced.

Age: 60+ or people with disabilities.

Walt's Radiator & Muffler

*Multiple locations

(253) 922-5111

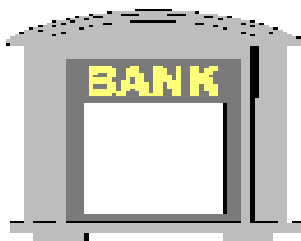
10% off services, not good with any other offer. Age: 60+ or people with disabilities.

Warren Second Automotive

1110 W Meeker St
Kent, WA 98032
autodoctor@uswest.net
(253) 852-1492

10% off. Age: 60+ or people with disabilities.

BANKING SERVICES



Many area banks have services at free or reduced costs for senior citizens. Some banks offer free checking, free notary,

free bill payment by telephone, and more. Please ask your bank about senior discounts.

Special Note: Nearly all banks have direct deposit of Social Security checks; if you do not already have your checks directly deposited into your account, we recommend you do so.

Washington Mutual

Free checking account, free Washington Mutual Visa Check Card, free Personal Computer banking, one month free Personal Computer banking with bill pay (normally \$5/month) and Plus Package- (normally \$4/month, some restrictions and conditions apply). For more information call 1-800-756-8000.

BEAUTY SHOPS AND BARBERS



Balcony Barber Shop

1501 Pike Place #510
Seattle, WA 98101
(206) 622-6198

Discount is \$6.00 haircut for seniors and \$5.00 for people with a signed Flash Card.

Discount available M-F 9:00 - noon. Must be Age: 62+ or people with disabilities.

Beauty and the Barber

4225 SW Admiral Way

Seattle, WA 98101

(206) 937-1677

Discount is \$9.00 haircut for senior men and \$4.00 off all womens services. Must be Age: 60+ or people with disabilities.

Bombaii Cutters Hair Design

122 Kirkland Ave

Kirkland WA 98033

bombaii@juno.com

(425) 828-4411

25% discount with Gold or flash Card for ID. Age: 60+ or people with disabilities.

Counterbalance Barber Shop

1424 Queen Anne Ave N

Seattle, WA 98109

(206) 284-3162

\$9.50 haircut for seniors or people with disabilities.
Discount available 9:00 a.m. - 1:00 pm on weekdays. Must be Age: 65+ fully retired or people with disabilities.

Crossroads Barber Shop

15600 NE 8th #B-3

(Crossroads Shopping Center)

Bellevue, WA 98008

(425) 746-2516

\$2 off haircut. Age: 65+

Dang's Hair Design

9851 Aurora Ave N

Seattle, WA 98103

(206) 525-5423

5% off haircuts, perms, color.
10% off any product or gift.
Age: 60+ or people with disabilities.

Dave's Barber Styling and Tanning

19201 Woodinville-Duvall Rd

Woodinville, WA 98072

(425) 788-2556

Haircuts with discount \$17.00 a \$6.00 savings. Age: 65+ or people with disabilities.

Decharlene's Beauty & Boutique

2108 E Madison St

Seattle, WA 98112

(206) 322-8296

Special days for seniors are Tues & Wed then discount is 15% and more, scalp treatments are \$12.50, haircuts \$12.00, wig rates are \$38 and up. Special discounts to cancer patients. Age: 62+ or people with disabilities.

Depot Barbershop

108 S Railroad Ave

Kent, WA 98032

(206) 852-0620

\$3 off. Age 62+ or people with disabilities.

Designer Curl Inc.

2301 S Jackson St
Seattle, WA 98144
(206) 322-3310

Haircuts & coloring 33% off
on Tues-Thur. Age 65+ or
people with disabilities.

Elegant Affair Salon

14830 NE 24th St
Redmond, WA 98052
(425) 883-4247

20% off on any services: Hair,
nails, facial, wax, manicure,
pedicure, & massage. Age 60+
or people with disabilities.

Fairwood Cuts Barber Shop

12308 SE 168th St
Renton, WA 98058
(425) 235-6832

\$8.00 haircut Age: 60+

Fredericks Salon

8524 Greenwood Ave N
Seattle, WA 98103
(206) 782-9812

Mon thru Wed with certain
stylists, \$30 and up on special
perms, haircuts \$10 and up or
10% off on other services.
Age: 60+ or people with
disabilities.

Gene Juarez**Academy of Beauty**

20% off on services Tues-Fri.
Age: 60+

10715 8th Ave NE
Seattle, WA 98125
(206) 326-6000

2222 S 314th St
Federal Way, WA 98003
(253) 839-4000

Glenn's Barber Shop

2254 NE 65th St
Snohomish, WA 98296
(206) 525-0898

Haircut for \$9.00 Age: 65+ or
people with disabilities.

Great Clips

17181 Redmond Way #1500
Redmond, WA 98052
(425) 861-9394

\$2 off full priced hair cuts.
Age 60+

Great Clips

133 106th Ave NE
Bellevue, WA 98004
(425) 455-1003

\$3 off full priced haircuts &
10% off any other services.
Age 65+

Hairmasters

10% off on services and products. Monday thru Thursdays only. Sales items excluded and no double discounts. Age: 60+ or people with disabilities.

708 Southcenter Mall

Tukwila, WA 98188

(206) 241-9050

17051 SE 272nd St #26

Covington, WA 98042

(253) 630-5642

Hair.Net, Inc.

1107 East Main St

Auburn, WA 98002

(253) 735-5009

10% off on services M-TH from 10am to 3pm. Age: 60+ or people with disabilities.

Hair Pro Salon

10700 SE 208th St #106

Kent, WA 98031

(253) 373-0915

20% discount off on chemical services. 10% discount on haircuts or shampoo & style.

Age: 65+. People age 60+ with disabilities will receive 20% discount on every service.

Hairstylist To The Stars

Hair, Braid, & Weave Salon

3705 S Edmunds St

Seattle, WA 98118

(206) 722-9102

15% off on services. Age: 60+ or people with disabilities.

Happy Beauty Salon

5008 University Way NE

Seattle, WA 98105

(206) 525-4302

20% off. Age: 60+ or people with disabilities.

Hilands Barber Shop

2842 NE Sunset Blvd

Renton, WA 98056

(425) 226-2111

\$3 off. Age 62+ or people with disabilities.

His N' Her Hair Center

828 SW 152nd St

Seattle, WA 98166

(206) 244-5560

Special prices. Tues - Sat & discount's on wig rates. Age: 60+ or people with disabilities.

Impressions**the Full Service Salon**

14250 SE 176th St

Renton, WA 98058

(425) 226-6560

10% discount on services Mon-Fri from 9am-Noon & All day Wednesday. Age: 65+

International Salon

543 NE Northgate Way #K
Seattle, WA 98125
(206) 363-4210

Call for discount. Age: 60+ or
people with disabilities.

John's Hair Styling

920 N 160th St #A
Seattle, WA 98133
(206) 546-1161

\$2 off haircuts. Age 65+ or
people with disabilities.

Juvanna Hair Place

13260 1st Ave S #D
Seattle, WA 98168
(206) 241-7551

\$2 off services. Age: 60+

**Kent Beauty College
(Academy of Cosmetology)**

25725-101st SE
Kent, WA 98031
(253) 854-5500

50% on Tuesday & Wednesday.
20% off Thursday through
Saturday. Age 65+

Kim Hair Salon, Inc

526 S Jackson St
Seattle, WA 98104
(206) 326-6689

10% off on services, coloring,
shampoo, perms haircuts &
sets. Age 60+ or people with
disabilities.

Kirkland Beauty School

17311 140th Ave NE
Woodinville, WA 98072
kirklandbeauty.school@verizon.net
(425) 487-0437

20% discount on Wednesday
and Thursday. Age: 65+

Latino's Style Hair Salon

4527 Rainier Ave S
Seattle, WA 98118
(206) 725-0178

\$2 off. Age: 60+ & \$3 off or
people with disabilities.

Lena Hair Design

14629 Ambaum Blvd SW
Burien, WA 98166
(206) 244-4700

10% off on color, foil, perm.
\$1 off haircuts & rollerset. Age
60+ or people with disabilities.

Living Color Beauty Supply

9416 Rainier Ave S
Seattle, WA 98118
lcbsinc@aol.com
beautysupplysources.com
(206) 721-5322

10% off of regular prices or
sale prices which ever is less.
Age: 60+ or people with
disabilities.

Manny's Hair Studio

14540 Bothell Way NE

Seattle, WA 98155

(206) 362-1190

10% off on color, foil, perms & haircuts. Age 60+ or people with disabilities.

Marina's Hairport

12610 Des Moines Wy S #108

Seattle, WA 98168

(206) 244-5190

Hair cuts-\$10 (reg \$12 & up)

Perms- \$50 (reg \$65 & up)

Tints- \$35 (reg \$45 & up)

Age: 65+ or people with disabilities

Modern Hair Salon

656 S Jackson St

Seattle, WA 98104

(206) 587-0111

Call for discount. Age: 64+

Monir's Hair Salon

8206 35th Ave NE

Seattle, WA 98115

(206) 523-1888

10% off on perm and colors.

Age: 60+ or people with disabilities.

Nancy's Salon

7004 15th Ave NW

Seattle, WA 98117

(206) 789-6236

10% discount on any service or product, M-T only. Age: 60+ or people with disabilities.

New Beginnings

435 East Main

Auburn, WA 98002

(253) 939-2480

20% off services on Mon., Tues., Wed., Fri.

Age: 65+ or people with disabilities.

Northwest Hair Design

15035 Military Rd S

Seattle, WA 98188

(206) 242-2428

25% off. Age 60+ or people with disabilities & we are wheelchair accessible.

Razzles Hair Design

25614 Pacific Hwy S

Kent, WA 98032

(253) 839-1881

10% off hair services.

Age 65+ or people with disabilities

Robair's Salon & Day Spa

822 12th Ave

Seattle, WA 98122

www.robairsalonspa.com

(206) 709-8379

15% off any salon services.

Age 60+ or people with disabilities.

*Wheelchair accessible & free parking in rear for seniors & disabled. We are equipped to do office and home visits for some salon services.

Salon 1520

1520 Eastlake Ave #106

Seattle, WA 98102

(206) 328-8161

15% off on hair, massage, nails, facials, and waxing. Age 60+ or people with disabilities.

Salon Foss

227 Broadway E

Seattle, WA 98102

salonfoss@earthlink.net

(206) 328-1637

10% off services. Age: 60+ or people with disabilities.

Salon Skontra

30420 Pacific Hwy S #5

Federal Way, WA 98003

(253) 945-8252

First time customers. Age 60+ 30% off products and services, then subsequent visits 25% off products and services. First time clients who are people with disabilities. 40% off all products and services, then subsequent visits 30% off all products and services.

Shoreline Community College-Campus Salon

Cosmetology Department

Bldg. 800, Room 826

16101 Greenwood Ave N

Seattle, WA 98133

(206) 546-4631

20% off all services. Age: 60+

Super Cuts

13402 Bothell-Everett Hwy

Millcreek, WA 98012

(425) 316-9448

\$2 off full priced haircuts.

Age 65+

The Baseball Barber Shop

7707 Aurora Ave N
Seattle, WA 98103
(206) 706-7111
\$2 off. Age: 62+

The Hair Shoppe

9405 35th Ave SW
Seattle, WA 98126
(206) 937-9951
10% off. Age: 60+ or people
with disabilities.

The Mane Tamer

12007 Des Moines Dr S
Seattle, WA 98168
(206) 431-5404
Haircuts \$10. Age: 60+

The Snip Shop

1140 Marshall Ave
Enumclaw, WA 98022
(360) 825-7647
Haircuts \$10, haircuts w/set &
comb out \$18, shampoo & set
\$12, hair color w/set & comb
out \$35. Age: 60+ or people
with disabilities.

Twin Lakes Barber Shop

3400 SW 320th
Federal Way, WA 98023
(253) 927-3527
\$2 off. Age 62+

CHIROPRACTORS



Jeffrey R. Abrams, D.C.

7815 Greenwood Ave N
Seattle, WA 98103
(206) 789-5704
Free examination; X-ray if
desired; \$25 office visit;
Medicare. Age: 59+ or people
with disabilities.

Hanson Chiropractic

3002 NE 127th St
Seattle, WA. 98125
(206) 306-2494
Initial Exam and any necessary
x-rays \$30, adjustments \$25
(medicare provider, most
insurances accepted). Age: 60+
or people with disabilities.

Chiropractic Office

Jeff Fry ADC

1703 SE Sedgwick Rd # 107
Port Orchard, WA 98366
(360) 876-4120
\$20 first office visit. Age: 60+
or people with disabilities.

Seattle Back Clinic

2041 East Madison Street

Seattle, WA 98122

(206) 325-1575

Medicare assignment accepted,
free initial examination. Age:
62+ or people with disabilities.

CLEANING SERVICES, DRY CLEANERS, & ALTERATIONS



A Northwest Cleaners

7000 35th Ave NE

Seattle, WA 98115

(206) 522-1111

10% off dry cleaning and
pressing. Age: 60+ or people
with disabilities.

Ace & Cartozian Carpet

13680 NE 16th St Suite 100

Bellevue, WA 98005

Acecar@Earthlink.net

(206) 633-5555

10% off all services. Age: 60+
or people with disabilities.

Alterations Plus

520 15th Ave E

Seattle, WA 98112

(206) 324-4487

15% off dry cleaning,
alterations. Age: 60+ or people
with disabilities.

Apex Custom Cleaning

4515 Meridian Ave N

Seattle, WA 98103

(206) 633-1492

10% off. Age: 60+ or people
with disabilities.

Best Campus Cleaners

1907 SW Campus Dr

Federal Way, WA 98023

(253) 874-4366

10% off dry cleaning. Age: 60+
or people with disabilities.

Coit Cleaning

16750 Woodinville/Red Rd NE

Redmond, WA 98072

(800) 367-2648

25% off drapes, carpets, area
rugs, air ducts, blinds, tile &
grout. Age: 60+ or people with
disabilities.

East Hill Cleaners

25807 104th Ave SE

Kent, WA 98031

(253) 852-4700

15% off dry cleaning. Age:
60+ or people with disabilities.

**Faulkenbury & Wright
Cleaners**

501 Denny Way
Seattle, WA 98109
(206) 728-1212

10% off dry cleaning. Age: 60+

First Hill D.T. Cleaners

703 Madison St
Seattle, WA 98104
(206) 622-1118

Two for one dry cleaning. 15%
off on alterations. Age: 60+ or
people with disabilities.

Helena Queen Anne Cleaners

537 Warren Ave N
Seattle, WA 98109
(206) 282-0873

30% off dry cleaning.

Age: 60+ or people with
disabilities.

Hillside Plaza Cleaners

2016 S 314th St
Federal Way, WA 98003
(253) 946-8801

30% off dry cleaning and
laundry. Age: 60+ or people
with disabilities.

King Cleaners

28711 Military Rd S
Federal Way, WA 98003
(253) 941-1900

15% off dry cleaning, except
leather. Age: 60+ or people
with disabilities.

Laurelhurst Cleaners

3815 NE 45th St
Seattle, WA 98115
(206) 523-8844

20% off dry cleaning and
alterations. Age: 60+ or people
with disabilities.

Madison Dry Cleaners

2737 E Madison St
Seattle, WA 98112
(206) 720-1569

10% off. Age: 60+

Market Place Cleaners

12 Mercer St
Seattle, WA 98109
(206) 282-5651

50% discount on dry cleaning
and laundry service. 30% off
for outside jobs. Age: 60+ or
people with disabilities.

Marshall's Cleaners

4019 E Madison St
Seattle, WA 98112
yicleaners@aol.com
(206) 325-9064

10% off all dry cleaning.
Age: 60+ or people with
disabilities.

Northwest Cleaners

14125 20th St NE
Bellevue, WA 98007
(425) 644-1084

50% off dry cleaning. Age: 60+
or people with disabilities.

**Overlake Village Maytag
Laundry**

14910 NE 24th St
Redmond, WA 98052
(425) 881-0303

10% off “drop off service.”
Age: 60+ or people with
disabilities.

Royal Cleaners

1406 E Pike St
Seattle, WA 98122
(206) 324-7401

20% off. Age: 60+ or people
with disabilities.

Seatac Laundry Center

17730 Ambaum Blvd S
Burien, WA 9898148
seataclaundry@aol.com
(206) 243-4556

Free soap on senior day.
Age: 60+

Spic ‘n Span Cleaners

20% off dry cleaning. Age: 65+

1525 Dearborn
Seattle, WA 98134
(206) 682-3628

127 W Mercer St
Seattle, WA 98115
(206) 284-7323

Spotless Cleaners

3015 E Madison St
Seattle, WA 98112
(206) 322-3580

40% off dry cleaning only.
Age: 60+ or people with
disabilities.

Stadium Cleaners

3307 NE 65th St
Seattle, WA 98115
(206) 522-9125

20% discount on dry cleaning,
and alterations. Age: 60+ or
people with disabilities.

Quality Cleaners

2601 California Ave SW
Seattle, WA 98116
(206) 937-7000

20% off dry cleaning. Laundry
not included. Age: 60+ or
people with disabilities.

Village Cleaning Center

2672 NE Village Mall
University Village
Seattle, WA 98105
(206) 522-1033

20% discount on dry cleaning
and alterations. Age: 60+ or
people with disabilities.



CLINICS- DENTAL & HEALTH

King County Public Health Dental Clinics:

Discounts for persons 60 years
and older with low income;
services vary from clinic to clinic;
will accept medical coupons.

2124 4th Avenue
Seattle, WA 98121
(206) 296-4755

14350 SE Eastgate
Bellevue, WA 98007
(206) 296-9726

10700 SE 174th, Suite 101
Renton, WA 98056
(206) 296-4955

105 "A" St NW
Auburn, WA 98002
(253) 804-8713

Kang Acupuncture & Herbal Medicine Center

13256 Northup Way, #7
Bellevue, WA 98005
erkanghu@msn.com
(425) 401-8885

\$10 off regular charge.

Age: 60+ or people with
disabilities.

Puget Sound Neighborhood Dental Clinics:

Accepts medicare assignment,
medical coupons, and sliding fee
scale. It is used for all ages.

45th Street Clinic
1629 N 45th St
Seattle, WA 98103
(206) 633-3350

Georgetown Clinic
6200 13th Avenue S
Seattle, WA 98108
(206) 461-6943

Joe Whiting Dental Clinic
6536 32nd Ave SW
Seattle, WA 98126
(206) 461-6966

Central Area Dental Clinic
2101 E Yesler Way
Seattle, WA 98122
(206) 461-7801

SE Family Dental Clinic
3800 S Myrtle
Seattle, WA 98118
(206) 461-6981

**Puget Sound Neighborhood
Health Centers:**

Accepts medicare assignment,
medical coupons, and sliding fee
scale. It is used for all ages.

45th Street Clinic
1629 N 45th St
Seattle, WA 98103
(206) 633-3350

Greenwood Medical Clinic
415 North 85th St
Seattle, WA 98103
(206) 782-8660

High Point Medical Clinic
6554 32nd Ave SW
Seattle, WA 98126
(206) 461-6950

Rainier Beach Medical Clinic
8444 Rainier Ave S
Seattle, WA 98118
(206) 722-8444

Rainier Park Medical Clinic
4400 37th Ave S
Seattle, WA 98118
(206) 461-6957

Renton Foot Clinic
Greg Spencer, DPM
327 Morris S
Renton, WA 98055
(425) 255-7731
Accept Medicare assignment.

**University of Washington
Dental School Clinics
Academic & Clinical Services**
PO Box 356365
Seattle, WA 98195
www.washington.edu/
30-60% off private fees; will
be same for all patients. Patient
selection based on learning
opportunities for dental
students.

**Washington State Dental
Association**
Participating dentists offer
reduced rates. To be eligible,
you must be 65 years old, meet
income guidelines and have no
dental insurance. Call Senior
Information and Assistance at
1-888-4ELDERS for help.

CRAFTS, ART, FABRIC, & HOBBIES



Burien Upholstery

14205 - 1st Ave S
Seattle, WA 98168
(206) 243-0302

10% off material on furniture,
and auto upholstery.
Age: 60+ or people with
disabilities.

Columbine Yarns @ Country Village

720 238th St SE #C
Bothell, WA 98021
www.yarnies.com
(425) 806-8129

10% off all purchases, & 10%
off all classes and groups.
Age: 60+ and people with
disabilities.

Cut-The-Corner Frame Shop & Art Gallery

950 Andover Park E #26
Tukwila, WA 98188
restring-fellow@qwest.net
(206) 575-8272

25% off any custom picture

framing project (no limit on
number of projects). Full
payment required with orders.
Age: 60+ or people with
disabilities.

Gary's Games and Hobbies

8539 Greenwood Ave N
Seattle, WA 98103
www.garysgamesandhobbies.com
(206) 789-8891
1-800-327-4292

10% discount in store or free
shipping via mail order. Must
identify as a "Gold Card"
holder or "Disabled Card"
Holder. Age: 60+

In The Beginning Fabrics

8201 Lake City Way NE
Seattle, WA 98115
(206) 523-8862
10% off on Monday. Sale
items and furniture not included.
Age: 55+

JoAnn Fabrics

2823 NE Sunset Blvd
Renton, WA 98056
(425) 271-1733
10% discount off total purchase
on Wednesdays. Age: 55+

Paint the Town

4527 University Village Ct NE
Seattle, WA 98105
(206) 527-8554

1/2 off studio time, and can
paint for \$3/hr. 65+ or people
with disabilities.

Pacific Fabrics & Crafts

Participating locations.

10% on all regular priced mer-
chandise. Not good with any
other offer. Age: 60+ or people
with disabilities as long as they
show the Flash Card.

www.pacificfabrics.com

838 NE Northgate Way
Seattle, WA 98125
(206) 362-0111

2230 4th Ave S
Seattle, WA 98134
(206) 628-6237

1645 140th Ave NE
Bellevue, WA 98005
(425) 747-3551

10203 Evergreen Way
Everett, WA 98204
(425) 353-8866

15790 Redmond Way
Redmond, WA 98052
(425) 882-3455

3715 S Meridian
Puyallup, WA 98373
(253) 770-1695

4214 Wheaton Way
Bremerton, WA 98310
(360) 479-4214

Seward Park Art Studio

5900 Lake Wash Blvd S
Seattle, WA 98118
(206) 722-6342
20% off all class tuition
Age: 65+

Undercover-Quilts from USA

1411 First Ave #106
Seattle, WA 98101
(206) 622-6382
10% off fabrics, sewing sup-
plies, books and quilts.
(Doesn't apply to sale items.)
Age: 60+ or people with
disabilities.

Wagners Crafts

17051 SE 272nd St
Covington, WA 98042
(253) 630-8126
10% off regular priced mer-
chandise on Wednesdays.
Age: 60+

What A Kit!

PO Box 134

Enumclaw, WA 98022

(360) 825-1575

10% off complete activity kits
that are \$3 and up. Age: 60+
or people with disabilities.

EDUCATION



Community Colleges

give reduced tuition for seniors
people ages 60+. Please call the
college for more information.

Some courses are designed
specifically for older adults.

Bellevue Community College

(425) 564-2216

North Seattle Community College

(206) 527-3600

Seattle Central Community College

(206) 587-3800

South Seattle Community College

www.seattlecolleges.edu

(206) 764-5389

Lifetime Learning Center

6208 60th NE

Seattle, WA 98115

(206) 985-3904

Partial and full scholarships
available for classes. Age: 50+

Seattle Department of Parks and Recreation

(206) 684-4951

Low-cost classes in a wide
range of subjects offered at
Community Centers throughout
the city; call for information and
a schedule.

Seattle Pacific University

3307 - 3rd Ave W

Seattle, WA 98119

www.spu.edu

(206) 281-2031

Tuition-free courses for seniors.

Age: 65+ on a space available
basis.

E-mail and the Internet Classes

Seniors Training Seniors

The Mayor's Office for Senior
Citizens offers 4, 2-hour classes
The instructors are seniors.

Have fun and learn new skills in a
relaxed and supportive atmo-
sphere. Contact the centers
below to inquire and register.
Some centers may charge a
nominal fee, please ask when
calling the following locations.

Miller Community Center
(206) 233-7255

Garfield Community Center
(206) 233-7255

Rainier Beach Community
Center (206) 233-7255

Wallingford Senior Center
(206) 461-7825

South Park Senior Center
(206) 684-7451
(after 2:00 p.m.)

West Seattle Senior Center -
(206) 932-4044

Delridge Community Center -
(206) 933-8629

Shoreline Community College

www.shoreline.ctc.edu

(206) 546-4611

Senior citizens ages 60+ may attend up to two classes, on space available basis, to be taken as audit only. \$5.00 non-refundable processing fee per quarter, special fees and lab fee are not waved. There is an office to assist students with disabilities.
(206) 546-4745

Seward Park Art Studio

5900 Lake Washington Blvd S
Seattle, WA 98118

(206) 722-6342

20% off all class tuition.

Age: 65+

University of Washington

ACCESS for Older Adults.

(206) 543-6160

\$5.00 registration fee for 1 or 2 undergraduate classes (except lab or studio courses); classes are audit only.

ELECTRIC CONTRACTORS



Advance Electric

22921 32nd West

Brier, WA 98036

(206) 525-9281

10% off. Age: 55+ or people with disabilities.

All City Electric

619-B NW Richmond Beach Rd
Shoreline, WA 98177

(206) 533-6333

10% off. Age: 60+ or people
with disabilities.

Boyer Electric Company, Inc.

830A North 127th Street
Seattle, WA 98133

Web: *boyer@nwlink.com*

Phone: (206) 367-7606

15% discount for electrical
service and materials.

Age: 60+ or people with
disabilities.

C.O. Johnson Company

PO Box 2170

Woodinville, WA 98072

http://www.voltboy.com

Phone: (425) 823-3920

10% discount off standard
electrical rates. Discount may
be applied to new construction,
remodel, or for electrical
service work. Quotes &
estimates available. Age: 60+
or people with disabilities.

Green Lake Electric

140 N 74th St

Seattle, WA 98103

(206) 789-4371

10% off. Age: 60+ or people
with disabilities.

Kemly Electric, Inc.

1148 NW 50th St

Seattle, WA 98107

brian@kemlyelectric.com

(206) 782-1670

10% off labor & material.

Age: 60+ or people with
disabilities.

King St Electrical Systems

Licensed & Bonded

PO Box 3242

Seattle, WA 98114

(206) 609-9783

15% off labor cost. Age: 60+
or people with disabilities.

Lantz Electric

23004 Bothell-Everett Hwy

Bothell, WA 98021

(425) 482-6278

10% off on service, labor, &
materials. Age: 60+

Quan's Electric

2317 17th Ave S

Seattle, WA 98144

(206) 391-1469

10% off. Age: 60+ or people
with disabilities.

Scandia Electric Inc.

Licensed & Bonded

PO Box 27064

Seattle, WA 98125

(206) 440-1859

10% off. Age: 60 or people
with disabilities.

Sunshine Electric

2523 NW 194th Pl
Shoreline, WA 98177
(206) 546-3776

10% off the \$55.00 an hour-
rate. Age: 60+ or people with
disabilities.

Wright Electric Contractor

PO Box 18713
Seattle, WA 98118
(206) 723-1362

10% off. Age: 60+ or people
with disabilities.

FOODBANKS, GROCERIES & MARKETS

**Black Diamond****Neighboor Market**

31509 3rd Ave (Hwy 169)
Black Diamond, WA 98010
iwork2dive@aol.com
(360) 886-2611

5% off. Age: 55+ or people
with disabilities.

Cavuy's Market Place

5247 California Ave SW
Seattle, WA 98136
(206) 937-9609

10% discount. Age: 60+ or
people with disabilities.

Chalet Grocery & Deli

17980 Redmond Way
Redmond, WA 98052
(425) 885-2771

10% off. Age: 60+ or people
with disabilities.

Emergency Feeding Program

Eligible clients can receive an
emergency food pack by obtain-
ing a referral card. Food packs
are distributed at the site on Tues
1-3pm & Sat 10-12pm. For
more information, call the
Mayor's Office for Senior
Citizens at (206) 684-0500.

Food Resources

Provides information and
referrals to food banks and
other food assistance programs.
Call (206) 694-6756.

Food Stamps

For food stamp information,
call Senior Information and
Assistance at
1-888-4ELDERS.

Foss Market, Inc

16255 SE 256 St
Covington, WA 98042
(253) 631-2440

10% off except for gasoline.

Age: 60+ or people with disabilities.

Good Health Pantry

3700-C Factoria Blvd SE
Bellevue, WA 98006-5268
(425) 641-4279

20% off. Age: 60+ or people with disabilities.

Hilltop Red Apple Market

2701 Beacon Ave S.
Seattle, WA 98144
(206) 323-1325

5% discount will be applied to all purchases with the exception of alcohol, tobacco, lottery tickets & all other service center items (Tues. - Thurs. 8am to 5pm). Age: 60+ or people with disabilities.

Madison Market

1600 E Madison
Seattle, WA 98122
www.madisonmarket.com
central@seanet.com
(206) 329-1545

Seniors will get 10% off purchases on the 3rd Wed. of each month. Age: 60+ and people with disabilities get free "Exempt" membership.

Mother Nature's

516 1st Ave N
Seattle, WA 98109
eagilbert2@HOME.com
(206) 284-4422

10% off regular priced items, vitamins, supplements, natural foods, cosmetics, & beauty aids. Age: 60+ or people with disabilities.

Pike Place Market Creamery

1514 Pike Place #3
Seattle, WA 98101
(206) 622-5029

10% off all products
(Mon. - Thurs.). Age: 65+

Pioneer Organics Inc.

901 NW 49th St
Seattle, WA 98107
www.pioneerorganics.com
(206) 632-3424

10% off home delivery service and other organic product. Age: 60+ or people with disabilities.

Promenade Red Apple Market

2301 S Jackson St
Seattle, WA 98144
(206) 328-1505

5% to all purchases except tobacco, alcohol, lottery tickets & all other service center items (Tues. - Thurs. 8am to 5pm). Age: 60+ or people with disabilities.

Puget Consumers Co-op
Seniors 60+ or people with disabilities can purchase a \$2 lifetime shopping pass and member pricing & specials. Not included: tobacco, lottery tickets & all other service center items. (Tues. - Thurs. 8am to 5pm).
www.pccnaturalmarkets.com

PCC - Fremont
716 N 34th
(206) 632-6811

PCC - Greenlake
7504 Aurora Ave N
(206) 525-3586

PCC - Issaquah
1810 12th Ave NW
(425) 369-1222

PCC - Kirkland
10718 NE 68th
(425) 828-4622

PCC - Seward Park
5041 Wilson Ave S
(206) 723-2720

PCC - View Ridge
6514 40th NE
(206) 526-7661

PCC - West Seattle
2749 Calif Ave SW
(206) 937-8481

Thriftway - Boulevard Park
12000 Des Moines Way S
Seattle, WA 98168
(206) 246-5697
5% discount every Friday.
Age: 55+

Union St Red Apple Market
1126 MLK Jr Way
Seattle, WA 98122
(206) 329-4002
5% discount with the exception of alcohol, tobacco, lottery tickets & all other service center items (Tues. - Thurs. 8am to 5pm). Age: 60+

West Seattle Thriftway
4201 SW Morgan St
Seattle, WA 98136
(206) 937-0245
5% off Tuesdays. Age: 60+

FURNACE REPAIR CLEANING, HEATING OIL, & GAS



Affordable Gas Service

12955 - 22nd Ave NE

Seattle, WA 98125

(206) 367-5333

10% off labor. Age: 65+ or
people with disabilities.

Aurora Edmonds Furnace Cleaning

P.O. Box 59733

Renton, WA 98058

(425) 228-0877

10% off current rate, at time of
scheduling let us know if you
have the Gold or Flash cards.

Age: 60+

Ballard Natural Gas Service

1144 NW 52nd St

Seattle, WA 98107

www.ballardnaturalgas.com

(206) 784-8101

10% off prior to sales tax.

Age: 60+ or people with
disabilities.

Fast Water Heater Co.

12601 132nd Ave NE

Kirkland, WA 98034

www.fastwaterheater.com

(206) 464-0106

5% off Installation services.

Age: 60+ or people with
disabilities.

Fresh Air of Shoreline

lotsakoi@aol.com

(206) 542-2284

40% discount on air and water
purification. Age: 60+ or
people with disabilities.

Gas Appliance Service

837 NW 45th

Seattle, WA 98107

www.gasapplianceservice.com

(206) 632-5000

10% off services and heating or
cooling equipment (not in
conjunction with any other
specials). Age: 60+ or people
with disabilities.

Gateway Heating & Air

3802 Auburn Way N #301

Auburn, WA 98002

(253) 931-0610

(800) 400-0610

10% discount on parts, heating or cooling repairs, & 5% discount on a new heating or cooling system. Age: 60+ or people with disabilities.

Glendale Heating and Oil

12462 Des Moines Memorial

Seattle, WA 98168

(206) 243-7700

\$.03/gal. discount on heating oil. Age: 60+

Hunt's Power-Vac

4415 Leary Way NW

Seattle, WA 98107

www.huntspv.com

(206) 782-2634

10% off any airduct cleaning. Age: 60+ or people with disabilities.

Olson Energy Service

4415 Leary Way NW

Seattle, WA 98107

www.olsonenergy.com

(206) 782-5522

\$.02 /gal. heating oil delivery. 10% off on heating or cooling equipment service. (not with other specials.) Age: 60+ or people with disabilities.

Roscoe Heating Oil Company

PO Box 18259

Seattle, WA 98118-0259

www.rosscoe.com

(206) 725-7555

\$.04/gal on heating oil. 12% off products and services. Age: 60+ or people with disabilities.

Seattle City Light

(206) 684-3939

Repairs for electric furnace for customers on Rates 26 (Utility Discount Program)

The Furnace Cleaners, Inc

PO Box 926

Kent, WA 98035

(253) 630-9433

10% off. Age: 60+ or people with disabilities.

Vacu-Man Furnace Cleaning

PO Box 25836

Seattle, WA 98125

(206) 362-8858

10% off furnace, duct and chimney cleaning. Age: 65+

HARDWARE, BUILDING SUPPLIES & REPAIRS



B. Smart Appliance Service

4235 S 172nd St
Seattle, WA 98188
(206) 431-8514

10% off parts & labor.

Age: 60+ or people with disabilities.

Blackstock Lumber Co.

1039 Elliott Ave W
Seattle, WA 98109
(206) 284-1313

10% off retail. Age: 60+ or people with disabilities.

City People's Garden Store

2939 E Madison
Seattle, WA 98112
(206) 324-0737

10% off on non-sale merchandise. Age: 65+

City People's Mercantile

5400 Sandpoint Pt Way NE
Seattle, WA 98105
(206) 524-1200

10% off on non-sale merchandise. Age: 65+

Compton

Lumber & Hardware

3847 1st Avenue S
Seattle, WA 98124-6272
www.comptonlbr.com
(206) 623-5010

10% off list price Age: 65+

Gas Appliance Service

837 NW 45th
Seattle, WA 98107
(206) 632-5000

10% off services and heating or cooling equipment (not in conjunction with any other specials. Age: 60+ or people with disabilities.

Greenwood Hardware

True Value

7201 Greenwood Ave N
Seattle, WA 98103
greenwoodhw@aol.com
(206) 783-2900

10% on all items, except items on sale. Age: 60+

L & L Appliances Inc.

1336 West Main St
Auburn, WA 98001
(253) 939-9338

10% off. Age: 60+ or people
with disabilities.

Major Brands Appliances

34419 Pacific Hwy S
Federal Way, WA 98003
(253) 838-7056

10% off. Age: 60+ or people
with disabilities.

**Seattle Home Appliance
Center**

10042 Main St
Bothell, WA 98011
(425) 485-0551

10% off on parts. Age: 60+

McLendon Hardware

5% off all items except power
tools, yard power equipment,
lumber, special order, quantity
breaks sale items. Age: 65+
www.mclendons.com

710 S 2nd
Renton, WA
(425) 235-3555

10210 - 16th SW
Seattle, WA
(206) 762-4090

23662 - 104th Ave SE
Kent, WA
(253) 850-2722

5420 -112th St East
Puyallup, WA
(253) 536-6560

111 Fryar Ave
Sumner, WA
(253) 863-2264

17705 - 130th NE
Woodinville, WA
(425) 485-1363

HEARING AND TESTING

**A Plus Hearing Aid**

4519 California Ave SW
Seattle, WA 98116
aplus@quidnunc.net
(206) 938-3711

Batteries for 1 year with
purchase of hearing aids.
Age: 65+

Audiology Associates

First Hill Medical Building

515 Minor #150

Seattle, WA 98104

jwnth@seattledrs.com

(206) 622-9916

Free speech & hearing screenings. \$100 discount on all digital hearing aids. 25% discount on all testing. Age: 60+ or people with disabilities.

Better Hearing Center

8401 Greenwood Ave N

Seattle, WA 98103

(206) 782-1597

10% off suggested retail price or coupon, whichever is lower. Age: 60+ or people with disabilities.

Digital Hearing Aid Center

1203 N 145th St

Seattle, WA 98133

kianjhon@cs.com

(206) 363-5368

25% off hearing aids, 90% off hearing aid batteries. Age: 60+ or people with disabilities.

Hearing, Speech & Deafness Center

1620 - 18th Ave

Seattle, WA 98122

(206) 323-5770

Free speech & hearing screenings. Mondays 1-3:00 p.m. in Seattle office only.

Hearing, Speech & Deafness Center

305 S. 43rd St

Renton, WA 98055

(425) 226-6111 V/TTY

Renton office by appointment. Sliding fee scale for some services. Age: 65+ or people with disabilities.

Klear-Tone Hearing Aid Ctr

3112 NE 125th St

Seattle, WA 98103

(206) 364-4327

10% off services. Age: 60+ & 20% off services for people with disabilities.

Northwest Hearing Clinic

2611 NE 125th St #103

Seattle, WA 98125

nwhearingclinic.com

(206) 367-1656

15% off the purchase of hearing aids. Medicare accepted for testing. Medicaid accepted. Age: 60+ or people with disabilities.

Sound Associates/ Beltone Hearing Aid Centers

\$200 discount on any new programmable or digital hearing aid. Not valid with any other offer or insurance plan. Age: 60+ or people with disabilities.

509 Olive Way #831
Seattle, WA 98101
(206) 622-7060

9776 Holman Rd NW #101
Seattle, WA 98117
(206) 782-6770

241 Sunset Blvd N
Renton, WA 98055
(206) 251-5477

6007 California Ave SW
Seattle, WA 98136
(206) 937-8700

HOME REPAIR & CONSTRUCTION



Chuck Handy Man
3865 - 34th SW
Seattle, WA 98126
935-6730

Full range of home repair,
wheel chair ramps, handrail
specialty. Age: 55+ or people
with disabilities.

**City of Seattle
Office of Housing**
618 - 2nd Ave, 9th Floor
Alaska Building
Seattle, WA 98104
684-0244
This program offers low-cost
emergency housing repairs to
low and middle-income Seattle
homeowners of any age. Low
interest loans are available. Call
684-0355.

Dan Moen Handyman
3333 228th St SE #136
Bothell, WA 98021
(425) 487-3340
10% discount. Age: 60+ or
people with disabilities.

**Jack's Home & RV
Remodeling**
900 East Shelby St
Seattle, WA 98102
(206) 852-7744
10% off. Age: 60+ or people
with disabilities.

**King County Housing Repair
Hotline**
296-7640

Provides information about
housing repair programs for low
and moderate income home-
owners who live in unincorpor-
ated King County, (outside of
City limits.)

King County Labor Agency

Free installation of wheelchair ramps, grab bars and handrails for low income elderly or people with disabilities anywhere in King County who are at least 55 years of age or disabled. Call (206) 448-9277.

**Minor Home Repair -
Senior Services**

448-5751

Repairs for low-income homeowners or people with disabilities who own or are buying homes. There is an income eligibility requirement.

Professional Guttering

1305 37th SE

Auburn, WA 98002

(253) 939-6116

8% off. Age: 60+ or people with disabilities.

Sun Construction, Inc.

117 E Louisa St #190

Seattle, WA 98102

sunconstructioninc.com

(206) 284-4441

5% discount. Age: 60+ or people with disabilities.

The Lightmen, Inc

PO Box 3184

Kent, WA 98032

thelightmeninc@juno.com

(253) 874-5360

10% off on all labor. Not applicable to sub-contractors. Age: 60+ or people with disabilities.

INSULATION**City of Seattle****Office of Housing****Energy Conservation
Program**

Alaska Building

618 - 2nd Ave, 9th Floor

Seattle, WA 98104

(206) 684-0244

Free insulation for homes and apartments for low-income seniors. Call for eligibility requirements.

Seattle City Light

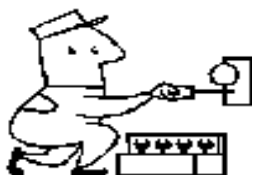
700 5th Ave, Suite 3300

Seattle, WA 98104

(206) 684-3800

Free home energy checks for people with electric heat.

LOCKSMITHS



AAA Locksmith & Security Consultants Inc.

512 Broadway E

Seattle, WA 98102-5024

aaalock.net

(206) 325-1515

10% off on goods & services.

Age: 60+ or people with disabilities.

An All American Mobile Locksmith

NE. 8th & I-405

Bellevue, WA 98005

(425) 747-9260

10% off parts and services.

Emergency car opening service for stranded.

Age: 55+ or people with disabilities.

Bergman's Lock & Key

1714 - 12th Ave

Seattle, WA 98122

(206) 323-5300

10% off except for keys.

5% if a bank card is used.

Age: 60+ or people with disabilities.

Bonafide Lock & Safe Inc.

15600 NE 8th #B-7

Bellevue, WA 98008

(425) 649-8816

10% off. Age: 60+ or people with disabilities.

Key X-press, Inc.

PO Box 88132

Tukwila, WA 98138

(206) 433-8212

(206) 713-8040

10% off. Key X-press is a mobile locksmith. Age: 60+ or people with disabilities.

Nyberg Locksmiths

2106 3rd Ave

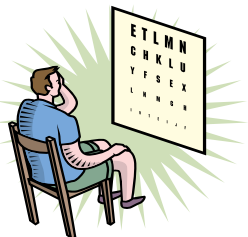
Seattle, WA 98121

info@nybergkock.com

(206) 448-5625

15% off any services we offer or items we sell. Age: 60+ or people with disabilities.

OPTOMETRISTS AND OPTICAL DISPENSERS



4 Your Eyes Only Optical

1815 N 45th #211

Seattle, WA 98103

(206) 547-7430

15% off. Age: 60+ or people with disabilities.

Andrews Jennifer O.D.

Bon Marche-3rd and Pine

Seattle, WA 98181

bretsweson@msn.com

(206) 344-2020

10% off frames and lenses.

Age: 62+ or people with disabilities.

Auburn Optical

1125 Harvey Rd

Auburn, WA 98002

(253) 833-0380

10% off, frames and lenses, accessories. Age: 60+ or people with disabilities.

Ballard Optical

Alan L. Kimpton O.D.

1719 NW Market St

Seattle, WA 98107

eyesight@isomedia.com

(206) 784-2090

10% off all services and materials for anything not covered by insurance. Not to be used with other discount. Age: 65+ or people with disabilities.

Binyon Eyecare

Jon Converse O.D.

1905 - 4th Ave

Seattle, WA 98101

(206) 622-4828

20% off all services and glasses. Age: 60+ or people with disabilities.

Binyon Family Eyecare

225 106th Ave NE

Bellevue WA 98004

bellevueoffice@binyoneyecar.com

(425) 454-2028

10% off. Age: 65+

Binyon Optomotrists

Dean Donnolly O.D.

10000 Aurora Ave N

Seattle, WA 98133

(206) 524-5768

20% off exams, frames and lenses. Age: 60+ or people with disabilities.

Binyon Vision Center
Edward A. Weaver O.D.
Jennifer C. Weaver O.D.
401 SW 153rd
Burien, WA 98166
(206) 244-1780
10% discount. Age: 60+ or
people with disabilities.

Burien Eye Care Center
625 SW 153rd
Seattle, WA 98166
(206) 242-8545
10% off glasses. Age: 65+

**Community Services for the
Blind and Partially Sighted**
9709 Third Ave NE
Suite 100
Seattle, WA 98115
www.csbps.com
www.sightconnection.com
(206) 525-5556 (voice/TDD)
1-800-458-4888

Provides services to anyone
with severe vision loss. Pro-
grams include counseling,
instruction in safe movement
and travel, independent living
skills, low vision evaluation and
training, adaptive aids store and
volunteer support. Some
services are offered at no
charge to clients.

Coalcreek Family Vision
Coal Creek Pkwy SE #136
Newcastle, WA 98059
dr.suink@usa.net
(425) 641-2500
15% off. Age: 60+ or people
with disabilities.

Colonial Optical
12911 120th Ave NE #C-80
Kirkland, WA 98034
(425) 821-1820
10% off frames and lenses.
Age: 60+ or people with
disabilities.

Crockett Edgar O.D.
70 Andover Park W
Tukwila, WA 98188
(206) 439-7588
We offer a discount to AARP
members. Age: 60+ or people
with disabilities.

Davis Optical Xpress
4323 University Way NE
Seattle, WA 98105
(206) 633-5225
10% off frames & lenses. Age:
60+ or people with disabilities.

Donnelly D. O.D.
10000 Aurora Ave. N.
Seattle, WA 98133
(206) 524-5768
20% off exams, frames and
lenses. Age: 60+ or people
with disabilities.

Eye Clinic Northshore

13317 NE 175th St #U

Woodinville, WA 98072

(425) 486-3937

15% off. Age: 60+ or people
with disabilities.

Eye to Eye Optical

17916 Talbot Rd S

Renton, WA 98055

(425) 277-6595

10% off frames and lenses.

Age: 60+

Greenwood Optical

615 South Center Mall

Seattle, WA 98103

(206) 783-2050

10% off. Age: 65+ or people
with disabilities.

Lenscrafter

10% discount. Age: 60+

530 Northgate Mall

Seattle, WA 98125

(206) 364-1668

615 South Center Mall

Seattle, WA 98188

(206) 431-8620

Mill Creek Vision Source

15808 Mill Creek Blvd, #110

Mill Creek, WA 98012

(425) 745-5650

20% prompt payment dis-
count. Not valid with insur-
ance billing. Age: 60+ or
people with disabilities.

OptiMark Eyecare

2026 SW 152nd St

Burien, WA 98166

optimark-inc.com

(206) 242-4737

10% off on RX lenses,
eyewear frames, sunglasses.
Age: 60+ or people with
disabilities.

Optometric Center of Seattle

Lindsey K. Sewell O.D.

172 - 20th Ave

Seattle, WA 98122

(206) 325-1100

A sliding scale fee is used for
any age. Medicaid accepted.

Queen Anne Vision Clinic

535 4th Ave W

Seattle, WA 98119

(206) 281-9100

10% off frames, lenses, contact
lenses, sunglasses, and eye
exams. Age: 60+

Seattle Eye & Lens

999 3rd Avenue

Seattle, WA 98104

(206) 622-1313

10% off glasses. Age: 60+ or
people with disabilities.

Seattle Eye MD's

523 Pine St #200

Seattle, WA. 98101

www.eyemds.net

(206) 652-9000

20% off glasses. Age: 60+ or
people with disabilities.

Seattle Eyewear

1701 NW Market St

Seattle, WA 98107

www.seattleeyewear.com

(206) 784-0700

10% discount off glasses. Age:
60+ or people with disabilities.

Soleil Optix

1420 Fifth Ave #214

Seattle, WA 98101

(206) 254-0168

15% off any complete pair of
eyewear or multifocal lenses.
Free UV protection on all
lenses plus \$25 off special poly
carbonate "safety" lenses.
Age: 60+ or people with
disabilities.

Vision Express

(2 Hour Service)

1300 S 320th St #A

Federal Way, WA 98003

(253) 941-0071

10% off exams, frames and
lenses. Age: 60+. For people
with disabilities 20% off exams,
frames and lenses.

Visual Effects

Virginia Mason South

33501 First Way South

Federal Way, WA 98003

(253) 874-1615

10% with Card. Age: 60+ or
people with disabilities.

Woodlawn Optical

8032 35th NE

Seattle, WA 98115

(206) 523-6676

10% discount. Age: 60+
and people with disabilities.

Woodlawn Optical of Bothell

10116 Main St #102

Bothell, WA 98011

woodlawnoptical@earthlink.net

(425) 486-7270

10% discount. Age: 60+

PAINTERS AND PAINTING EQUIPMENT



Best Paint Co. Inc

5205 Ballard Ave NW
Seattle, WA 98124
(206) 783-9938

20% discount. Age: 60+ or
people with disabilities.

Cloverdale Paint

570 S Michigan
Seattle, WA 98108
seattle@cloverdalepaint.com
(206) 762-9274

25% off retail paint, 10% off
sundries & resale paint.
Age: 60+ or people with
disabilities.

Daly's Home Decorating Center's

10% discount to all seniors.
Age: 65+

3525 Stone Way North
Seattle, WA 98103
(206) 633-4200

200 - 105th NE
Bellevue, WA 98004
(425) 454-3093

Dick Wahls Bellevue Paint & Decorating

10600 Main St
Bellevue WA 98004
(425) 454-7509

10% discount. Age: 60+ or
people with disabilities.

Pacific NW Paint & Tile

12505 Lake City Way NE
Seattle, WA 98125
(206) 368-9454

15% discount on retail.
Age: 60+ and people with
disabilities.

R.M. Painting

4115 Stone Way N
Seattle, WA 98103
(206) 548-8086

Discount only in Oct-Mar.
Age: 60+

Rossman Ind. Paints Supplies

PO Box 55663
Seattle, WA 98155
(206) 367-6282

10% off sundries, & paint.
Age: 60+ or people with
disabilities.

PHARMACIES, HEALTH FOODS & MEDICAL SUPPLIES

A & H Drugs #6
12616 Renton Ave S
Seattle, WA 98178
(206) 772-6000
10% off. Age: 60+
or people with
disabilities.



**American Association
of Retired Persons
(AARP)**
9750 3rd Ave NE #400
Seattle, WA 98115
(206) 526-7918 or
1-800-424-3410

If you are 50+ or older, you can join AARP for only \$8 and save money on prescription drugs and take advantage of other benefits, which include investment programs, low-interest credit cards, free publications, discounts on travel, medical supplies, auto, home and health insurance.

Bartell Drugs
4727 Denver Ave S
Seattle, WA 98134
(206) 763-2626
Call for other locations.

We offer discounts for cash prescriptions which will be
(10% discount \$50.00)
(9% discount \$50 to 74.99)
(8% discount \$75 to 99.9)
(7% discount over \$100.00)
Age: 60+

**Chong Wah Ginseng & Herbs
Gift Center**
1032 S Jackson St
Seattle, WA 98104
www.chongwah.com
(206) 323-7229
5% off. Age: 60+ or people
with disabilities.

Columbia Pharmacy
4741 Rainier Ave S
Seattle, WA 98118
(206) 723-5233
10% off medication. Age: 65+

Duvall Family Drugs
15602 Main St NE
Duvall, WA 98019
(425) 788-2644
10% off on prescriptions. Age:
60+ or people with disabilities.

Eastern Pharmacy

515 Minor Ave
Seattle, WA 98104
(206) 622-6094

We give discount pricing to all patients. We guarantee our prices are lower than any local pharmacies.

Evergreen Health Pantry

1645 - 140th Ave NE
Bellevue, WA 98005
(425) 746-4776

10% off medication & on items not on sale. Age: 65+ or people with disabilities.

Evergreen Pharmacy

12911 - 120th Ave NE #E-20
Kirkland, WA 98034
(425) 821-8888

10% off. Age: 60+

Georgetown United Pharmacy

6111 - 13th Ave S
Seattle, WA 98108
(206) 763-0288

10% off medication. Age: 60+ or people with disabilities.

Good Health Pantry

3700-C Factoria Blvd SE
Bellevue, WA 98006
(425) 641-4279

20% off. Age: 60+ or people with disabilities.

Kelley-Ross Pharmacy

kelley-rossrx.com

Prescriptions up to \$29.99 - 10% off; 59.95 - \$3.00 off; 79.95 - \$4.00 off; \$80 or more - \$5.00 off. Age: 62+ or people with disabilities available on special request basis.

At Polyclinic

1120 Harvard Ave
Seattle, WA 98122
(206) 324-6990

507 Olive Way
Seattle, WA 98101
(206) 622-3565

Luke's Pharmacy

611 Maynard Ave S
Seattle, WA 98104
(206) 621-8883
10% off medication. Age: 62+

**Madison Park Health
Medical Supplies**

4126 E Madison St
Seattle, WA 98112
(206) 324-6363

10% off regular price.
Age: 60+ or people with disabilities.

MD Direct

221 10th Ave

Kirkland, WA 98033

www.mddirectonline.com

(425) 889-0339

10% discount on everything-
medical, nutritional & incontinent
supply. Age: 60+ or people
with disabilities.

Mother Natures Nutrition

516 1st Ave N

Seattle, WA 98109

eagilbert2@home.com

(206) 284-4422

10% off all products. Age: 60+
or people with disabilities.

Mt. View Nutrition

33605 SE Redmond-Fall City Rd

Fall City, WA 98024

mtsinutritionct@aol.com

(425) 222-4096

10% off. Age: 60+

Natures Remedy

14154 NE Woodinville -

Duvall Rd

Woodinville, WA 98072

naturesremedy@hotmail.com

(425) 485-4633

10% off all non-sale items.
Age: 60+ or people with
disabilities.

Nguyen's Pharmacy

10% discount. Age: 60+ or
people with disabilities.

rxrobot2@aol.com

1221 Main St #103

Seattle, WA 98144

(206) 323-6003

2120 Rainier Ave S

Seattle, WA 98144

(206) 323-9525

**Northwest Prescription &
Medical Supplies**

1530 N 115th St #112

Seattle, WA 98133

nwprescription@hotmail.com

(206) 365-2277

10% discount. Age: 55+

**Northwest Health Watch
(Emergency Response
System)**

10215 Lake City Way NE #K

Seattle, WA 98125

health-watch.com

Main (206) 985-4250

Fax (206) 985-4190

1-800-521-8822

Medical alert necklace 10%
off standard rate \$50.00
Activation & \$35.00 a month.
Seniors citizens or people with
disabilities.

Ostroms Drug & Gift

10% off prescriptions. Age: 60+

18320 Midvale Ave N
Shoreline, WA 98133
(206) 542-3110

Kenmore Village
Kenmore, WA 98028
(425) 486-7711

Pilgrims Natureway

11 Locations to serve you. 10% off all vitamin supplements, health & beauty aids, excluding sales items. Seniors 60+ or people with disabilities.

Vitality-Kirkland
12618 120th Ave NE
(425) 821-1819

Downtown-Seattle
1524 Third Ave
(206) 625-9722

Northgate
401 NE Northgate Way #760
(206) 365-7590

Ballard
5607 20th NW
(206) 782-6377

West Seattle
4455 California SW
(206) 935-4200

Aurora-Edmonds
23632 Hi-Way 99 St# R
(425) 774-7777

Mall-Everett
1402 SE Everett Mall Way
(425) 353-5454

North Everett
1001 North Broadway #B2
(425) 252-4844

Oak Harbor
751 NE Midway Blvd.
(360) 675-0333

Auburn
4018 A Street SE #402
(253) 939-1323

Pioneer Organics inc.

102 NW 36th St
Seattle, WA 98107
www.pioneerorganics.com
(206) 632-3424

10% off home delivery service
& other organic products. Age:
60+ or people with disabilities.

Rite Aid Drug Store

20518 108th Ave SE
Kent, WA 98031
(253) 854-8181

10% off RX for cash billing &
10% off house brands. 10% off
all vitamins on Tuesdays.
Age: 60+ or people with
disabilities.

Safeway Pharmacies

Safeway has prescription savings for seniors 55+. Seniors receive 10% off the regular price on brand name medications and 20% off the regular price for generic medications. See business white pages for locations throughout the Seattle/King County area.

Shaklee Products-Mueller Enterprises

6827 39th Ave NE
Seattle, WA 98115
bjmueller@aol.com
(206) 523-0946

15% off whole food supplements, herbs, skin care, and cosmetics 10% off biodegradable cleaners, water purifiers, filters, & AirSource purification systems. Age: 60+ or people with disabilities.

Tenzing Mo Mo

93 Pike St
Seattle, WA 98101
essiac.com

(206) 623-9837

10% off. Age: 60+ or people with disabilities.

The Herbalist

2106 NE 65th St
Seattle, WA 98115

theherbalist@theherbalist.com
(206) 523-2600

10% off. Age: 60+ or people with disabilities.

View Ridge Pharmacy

7501 35th Ave NE
Seattle, WA 98106
viewridgepharm@quest.net
(206) 524-1800

10% off drugs (not covered by other programs). 10% off on every Tuesday. Age: 60+ or people with disabilities.

Westside Pharmacy

5401 California Ave SW
Shoreline, WA 98136
(206) 937-5722

10% off RX. Age: 60+ or people with disabilities.

White Center Pharmacy

9601 - 16th Ave SW
Seattle, WA 98106
(206) 763-2500

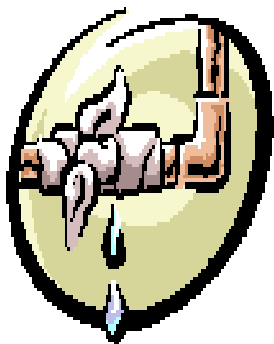
10% off RX. Delivery for seniors available. Age: 60+

Woodinville Medical Center Pharmacy

17000 140th Ave NE #E-101
Woodinville, WA 98072
(425) 485-2900

10% off. Age: 60+ or people with disabilities.

PLUMBERS AND SEWER CLEANER



Alligator Sewer Cleaning

7817 8th Ave NW
Seattle, WA 98117
(206) 784-3552

10% off. Age: 60+ or people
with disabilities.

Archie's Plumbing Service

7716 - 15th NW
Seattle, WA 98117
(206) 782-8787

10% off total bill. Age: 62+ or
people with disabilities.

Burien Plumbing

14121 6th Ave SW
Burien, WA 98166
(206) 243-6555

10% off. Age: 60+ or people
with disabilities.

Collier Plumber, Inc

10814 5th Ave S
Seattle, WA 98168
(206) 246-5325

10% off labor. Age: 60+ or
people with disabilities.

Drain Away Plumbing

PO Box 3936
Federal Way, WA 98063
(206) 779-7920

10% off on Labor. Age: 60+
or people with disabilities.

Drain Doctor

PO Box 27455
Seattle, WA 98125
gtesupersite.com/draindr
(206) 524-7141

5% off labor on drain cleaning,
plumbing repairs on personal
residence only & no discount on
parts, permits or inspections.
Age: 60+ or people with
disabilities.

Gene Johnson Plumbing, & Heating Inc.

10011 Greenwood N
Seattle, WA 98133
(206) 789-7352

10% off time & material,
service calls. This does not
include any bid work, or
contractual work. Age: 60+ or
people with disabilities.

Goods Service Plumbing & Heating

1715 12th AVE

Seattle, WA 98122

GoodServices@aol.com

(206) 322-3000

10% off. Age: 60+ or people with disabilities.

Greater Seattle Plumbing & Heating

18413 47th Place NE

Lake Forest Park, WA 98155

chambers410@home.com

(206) 365-6335

20% off labor & material.

Age: 60+ or people with disabilities.

Jay Frees-Good Service Plumbing & Heating

1715 12th Ave

Seattle, WA 98122-2435

www.goodservices.com

GOODSERVICES@aol.com

(206) 322-3000

10% discount Age: 60+ or people with disabilities.

Maple Valley Plumbing & Pipeworks, Inc.

PO Box 903

Ravensdale, WA 98051

(425) 432-7599

10% off on total job, includes labor & materials. Age: 60+ or people with disabilities.

Paramount Plumbing Co.

19812 Dayton Ave N

Shoreline, WA 98133

(206) 533-6360

10% on labor and materials if paid with cash or check.

Age: 60+ or people with disabilities.

Pat's Plumbing, Inc.

30459 Military Road S

Federal Way, WA 98063

www.linda@patsplumbing.com

(800) 491-4081

Special value rate. Age: 65+ or people with disabilities.

Pipeline Plumbing & Consulting, Inc.

13233 Northup Way

Bellevue, WA 98005

(425) 644-2622

10% off. Age: 60+ or people with disabilities.

Plumbing Today, Inc.

17624 15th Ave SE

Bothell, WA 98012

pti@seanet.com

(425) 481-1837

10% off. Age: 60+ or people with disabilities.

Roto-Rooter Plumbing

10% off customers own private residence. Age: 60+

979 Industry Drive, Suite G-31
Tukwila, WA 98188
(206) 622-2500

20508 - 56th Ave W
Lynnwood, WA 98037
(425) 778-6600

R & D Plumbing

425 SW 153rd
Burien, WA 98166
www.rdplumbing.com
(206) 244-0363

5% off on labor. Age: 60+ or people with disabilities.

Soreano's Hatfield Plumbing & Heating Co.

3704 S Ferdinand St
Seattle, WA 98118
(206) 723-7373

10% discount. Age: 60+ or people with disabilities.

TLC Plumbing

2442 NW Market #9
Ballard, WA 98107
(206) 783-1548

10% off, for Queen Anne, Magnolia & North End only.
Age: 60+

Tomahawk Mechanical

10% discount on plumbing, piping work. Age: 60+ or people with disabilities.

tmi2000@go.com
(253) 813-0612

PO Box 358
Seahurst, WA 98062

22610 88th Ave S
Kent, WA 98031

REAL ESTATE SERVICES/ PROPERTY TAX EXEMPTION

**Nancy Felton
Remax Northwest**

300 NE 97th
Seattle, WA 98115
(206) 522-5500

25% off listing and or 25% rebate on purchase. Age: 55+ or people with disabilities.

Patricia Lewis
ReMax Northwest Realtors

patricia.lewis@remax.net
(206) 948-4025
Free consultation + 25% discount on realtor's fee. Age 55+ or people with disabilities.

Peacock Home Inspections

19745 53rd Ave NE
Seattle, WA 98155
lvps@earthlink.net
(206) 367-6566
\$25 off all inspections.
Age: 65+ or people with disabilities.

Property Tax Exemption

Persons 61 years and older may be eligible for an exemption on property taxes. For more information and applications, call the King County Assessors Office, Mon.-Thurs. 7:30 a.m. - 4:30 p.m. at 296-3920.

RECREATION



FEDERAL RECREATION:

Golden Age Passport and Golden Access Pass For The National Parks and National Forests

222 Yale Ave N
Seattle, WA 98174
(206) 470-4060

\$10 lifetime pass. Free entrance to national parks; 50% off campground fees; Proof of age 62+ or disability is required. For the Passes apply in person.

STATE RECREATION:

Washington State Parks

PO Box 42650
Olympia, WA 98504-2650
(360) 902-8500

You may receive multiple passes, on all you are eligible for.

◆ Off-Season Pass - \$30.00 permits. Free camping and

moorage, from October 1-March 31; also Sundays-Thursday in April.

◆ **Senior Citizen Limited Income Pass** - 50% off Off-Season Pass, camping and moorage fees, water trail permits, free watercraft launching, trailer dump frees, this pass is available year round;

◆ **Disability Pass** - one five-year pass which give 50% off camping, or moorage fees, & the price of a water trail permit. Free watercraft launching, trailer dump frees, for qualifying disabled. Apply for pass by mail or at most state parks.

◆ **Disabled Veterans Lifetime Pass**- **Free** camping, and moorage, free reservations, watercraft launching, trailer dump frees, & the price of a water trail permit for qualifying disabled veterans.

FISHING LICENSE:



Department of Fish and Wildlife

(425) 775-1311

\$5 fee for state freshwater, saltwater, & shellfish license for anyone over 70 years of age with permanent state residency. People with disabilities must have a disabled card. People with disabilities can buy a combination fishing license. Disabled vets get 50% off their hunting license.

LOCAL RECREATION:



GOLFING:

Seattle Municipal Golf Courses

Mon. - Fri. \$19.00 for round of 18; par 3 course 9 holes for \$8.00. Cart for \$11.00. *Early Bird senior rate \$16. Age: 62+ or people with disabilities.

seattlegolf.com

Greenlake Golf Course

5701 W Greenlake Way N

Seattle, WA 98103

(206) 632-2280

Age: 60+ with Gold Card

\$3 green fees and free pass for people with disabilities.

Jackson Park Golf Course

1000 NE. 135th

Seattle, WA 98125

(206) 363-4747

Jefferson Park Golf Course

4101 Beacon Ave. S.

Seattle, WA 98108

(206) 762-4513

West Seattle Golf Course

4470 - 35th Ave. S.W.

Seattle, WA 98126

(206) 935-5187

Apply in person. Age: 62+

\$10 lifetime fee and free pass for people with disabilities.

LOCAL RECREATION:

SWIMMING POOLS:



Seattle Parks and Recreation Department

Community centers offer activities and programs for seniors or disabled, including many free or low-cost trips; for info and a current schedule, call the Sr Program Office at (206) 684-4951.

Pools: admission prices for: seniors age 65+ or disabled

1.) Recreation swim \$2

\$20 for swimming punchcard;

2.) Water fitness program:

\$2.25; and \$30 for water

exercise punchcard.

3.) Swimming lessons \$3.25

www.ci.seattle.wa.us/parks/aquatics/

Ballard Pool

1471 NW 67th St

Seattle, WA 98117

(206) 684-4094

Colman Saltwater Pool

Lincoln Park-summer only

8603 Fauntleroy Way SW

Seattle, WA 98136

(206) 684-7494

Evans Pool

7201 E Greenlake Dr N

Seattle, WA 98115

(206) 684-4961

Madison Pool

13401 Meridian Ave N
Seattle, WA 98133
(206) 684-4979

Meadowbrook Pool

10515 - 35th Ave NE
Seattle, WA 98125
(206) 684-4989

Medgar Evers Pool

500 - 23rd Ave
Seattle, WA 98122
(206) 684-4766

Mounger Pool (Magnolia)

2535 - 32nd Ave W
Seattle, WA 98199
(206) 684-4708

Queen Anne Pool

1920 - 1st Ave W
Seattle, WA 98119
(206) 386-4282

Rainier Beach Pool

8825 Rainier Ave S
Seattle, WA 98118
(206) 386-1944

Southwest Pool

2801 SW Thistle St
Seattle, WA 98126
(206) 684-7440

LOCAL RECREATION:

ETC...

**Seattle Aquarium**

Pier 59 on Seattle's Waterfront
(206) 386-4349

25% off regular current price.

Free tickets are available at the
Mayor's Office for Senior
Citizens.

Senior Centers

Please contact your local senior
center for senior programs. Call
1-888-4ELDERS for more
information.

Pacific Science Center

Seattle Center
(206) 443-2001

Free on Wednesday for se-
niors. Age: 65+ People with
disabilities are free all days.

Underground Tour

610 - 1st Ave

Seattle, WA 98104

(206) 682-4646

\$6 charge for adults 60+ or

\$4 for people with disabilities.

Woodland Park Zoo

5500 Phinney Ave N

Seattle, WA 98103

www.zoo.org

(206) 684-4820

Free tickets to 65+ or disabled at the Mayor's Office for Senior Citizens. Call (206) 684-0500.

YMCA (West Seattle)

4515 - 36th Ave SW

Seattle, WA 98126

www.seattleyymca.org

(206) 935-6000

Joining fee of \$69 per senior or \$125 for senior couple.

Monthly fees are \$34 or \$408 per year. Apply for financial aid or, if member of Group Health and have medicare part A & B, they will pay for your membership. Financial aid available for people with disabilities.

YWCA (Downtown)

1118 - 5th Ave

Seattle, WA 98101

(206) 461-4868

\$30 annual fee gives discounts at YWCA Health and Fitness Center. Senior monthly fee is \$22 and senior yearly fee is \$165 for unlimited use of facilities. A twenty visit punch-card for \$33 is also available.

1.) "Senior Swim" An unsupervised paddle for seniors open to the community. No charge.

M-W-F 2-3pm

2.) "Therapeutic Swim" Supervised pool time open to the community. The pool is pre-heated to a toasty 90F. No charge Monday 10-11am

3.) "Senior Swimnastics" An exercise class emphasis on improving flexibility, strength and muscle tone.

M & W 1:30-2:00 p.m.

T & Th 11:00-11:30 a.m.

Non-members pay \$5 a visit
Members pay \$2.25 a visit or use their facilities-use card.

Ye Olde Curiosity Shop Pier 54

1001 Alaskan Way

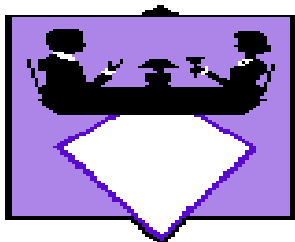
Seattle, WA 98104

(206) 682-5844

15% off cash purchases.

Age: 65+ or people with disabilities.

RESTAURANTS



Acapulco Fresh Kenmore

6016 NE Bothell Way #D

Kenmore, WA 98028

(425) 482-0334

10% off lunch or dinners.

Age: 60+ or people with disabilities.

Alki Crab & Fish Co.

1660 Harbor Ave SW

Seattle, WA 98126

(206) 938-0975

10% off food & beverage. Age: 60+ or people with disabilities.

Angelina's Trattoria

2311 California Ave SW

Seattle, WA 98116

(206) 932-7311

11.75% off food. No restrictions on days or times. Not valid with other offers. Age: 60+

Bamboo Garden Vegetarian

364 Roy Street

Seattle, WA 98109

bamboogarden@aol.com

(206) 282-6616

10% off. Age: 60+

Beck's Steaks & Seafood

16651 Redmond Way

Redmond, WA 98052

(425) 885-5888

10% off entrees. Age: 60+ or people with disabilities

Blimpie Subs & Salads

320 Washington Ave S

Kent, WA 98032

(253) 854-7576

10% on all subs, soups & salads. Age: 60+ or people with disabilities

Boss Flame Broiler

8501 15th Ave NW

Seattle, WA 98117

(206) 784-2884

25% discount on any fish & chip meal. Age: 60+ or people with disabilities.

Boulangerie

2200 N 45th

Seattle, WA 98103

(206) 634-2211

10% off Mon-Thurs on all baked goods. Age: 65+

Burger King

25240 104th Ave SE

Kent, WA 98031

(253) 854-3949

10% off. Age: 60+ or people
with disabilities.

Cafe Ambrosia

2501 Fairview Avenue E

Seattle, WA 98102

www.cafeambrosia.com

(206) 325-7111

20% off. Age: 60+ or people
with disabilities.

Cappiello Bistro

2329 California Ave SW

Seattle, WA 98116

(206) 935-1969

10% discount on food items.
Age: 60+ or people with
disabilities.

Caspian Grill

5517 University Way NE

Seattle, WA 98105

(206) 524-3434

25% off. Age: 60+ or people
with disabilities.

Catfish Corner

2726 E Cherry St

Seattle, WA 98122

(206) 323-4330

10% off. Age: 60+ or people
with disabilities.

Chao Praya Restaurant

200 Lake Washington Blvd

Seattle, WA 98122

(206) 324-1111

20% discount. Age: 60+ or
people with disabilities.

Chili's Grill and Bar

715 NW Gilman Blvd

Issaquah WA 98027

(425) 392-5600

10% off when you show your
Gold Card. Age: 60+

China Clipper Restaurant

13300 NE 175th St #3

Woodinville, WA 98072

(425) 487-1000

10% off menu items, excluding
alcoholic beverages. Age: 55+
or people with disabilities.

Chinese Deli Restaurant

927 Howell St

Seattle, WA 98101

(206) 233-9133

10% discount for dine in, take
out and free delivery (limited
area). No checks! We accept
cash, and credit cards.
Age: 60+ or people with
disabilities.

Cityside Restaurant

Bellevue Center

818 - NE 112th

Bellevue, WA 98004

(425) 455-1515

Special Senior Menu. 10% discount to AARP cardholders.
Age: 50+

Cloud Room

1619 9th Ave

Seattle, WA 98101

(206) 292-6206

10% discount on food & beverages. Age: 60+ or people with disabilities.

Country Vittles Family Restaurant

14212 Pacific Hwy S

Tukwila, WA 98168

(206) 248-2180

Free beverages (coffee, tea, ice tea) with purchase of any entree. Age: 55+ or people with disabilities.

Denny's Restaurant

904 N 155th St

Shoreline, WA 98133

(206) 367-1680

Discounted senior menu. Senior frequency card allows free beverages, free pie with meals off the senior menu. Age: 55+ or people with disabilities.

Dexter & Hayes Public House

1628 Dexter Ave N

Seattle, WA 98104

www.dexterandhayes.com

(206) 283-7786

20% discount food only.
Age: 60+ or people with disabilities.

Dunkin Donuts

15824 1st Ave S

Burien, WA 98148

(206) 241-7414

15% discount off any bakery goods & beverage combo.
Age: 60+ or people with disabilities.

Eggs Cetera's Blue Star Cafe & Pub

4512 Stone Way N

Seattle, WA 98103

(206) 548-0345

10% discount. Age: 65+ or people with disabilities.

Epiros Restaurant

16564 Cleveland St #S

Redmond, WA 98052

the epiros.com

(425) 883-4443

25% off each entree, not valid with other offers.
Age: 60+ or people with disabilities.

European Kitchen

131-15th Ave E
Seattle, WA 98112

(206) 329-8118

10% discount on all purchases.

Age: 60+ or people with
disabilities.

Fiesta Mexicana

1471 NW 85th St
Seattle, WA 98117

(206) 783-6007

Buy one meal or combination
meal and get second one free.

If your dining alone get 30% off
your meal. Alcohol excluded.

Age: 60+

Foody Goody Chinese Buffet

601 S Grady Way
Renton, WA 98055

(425) 227-8898

10% discount. Age: 60+ or
people with disabilities.

Fresh Choice/Zoopa

463 Northgate Mall
Seattle, WA 98125

(206) 440-8136

10% off daily. Age: 55+ or
people with disabilities. (Every
Wed. is 20% off for seniors.)

Gai's NW Bakeries

Participating locations.

mozzonej@usbakery.com

10% off. Age: 60+ or people
with disabilities.

2006 S Weller
Seattle, WA 98144

2901 - 6th Ave S
Seattle, WA 98134

430 - 164th St SW
Lynnwood, WA 98037

3828 - 196th SW
Lynnwood, WA 98036

23009 Military Rd.
Kent, WA 98031

8621 S 212th St
Kent, WA 98031

4804 - 212th St SW
Mt Lk Terrace, WA 98043

7956 - 178th NE
Redmond, WA 98052

17500 W Valley Hwy
Tukwila, WA 98188

11216 Golden Givens Rd
Tacoma, WA 98448

8203 Durango St
Tacoma, WA 98499

4800 Auto Center Way
Bremerton, WA 98310

2547 Perry Ave
Bremerton, WA 98310

Globe Cafe

1531 14th Ave
Seattle, WA 98122
(206) 324-8815

25% discount. Age: 65+

Gordo's

6226 Seaview NW
Seattle, WA 98107
(206) 784-7333

Discount for people with gold
card. Age: 60+

Gourmet Wok Restaurant

1630 Duvall Ave NE #A
Renton, WA 98059
(425) 277-2637

10% discount only when dining
in. Age: 60+ or people with
disabilities.

Greenwood Romio's Pizza

8523 Greenwood Ave N
Seattle, WA 98103
www.romiospizza.com
(206) 782-9005

15% discount. Age: 60+ or
people with disabilities.

Gyro Place

1501 4th Ave # 109
Seattle, WA 98101
(206) 682-2721

10% discount. Age: 65+ or
people with disabilities.

Gyro World

401 Broadway E
Seattle, WA 98102
(206) 325-2480

10% discount. Excluding side
orders, desserts, daily specials,
and drinks. Age: 60+ or people
with disabilities.

Hancock's Bakery

16150 NE 85th #105
Redmond, WA 98052
(425) 885-3780

10% discount. Age: 60+ or
people with disabilities.

**Himalayan Sherpa
Restaurant, Inc.**

4214 University Way NE
Seattle, WA 98105
www.himaloyansherpa.com
(206) 633-2100

15% discount off dinner menu,
10% off lunch buffet Mon-Fri.
Age: 60+ or people with
disabilities.

Hoffman's Fine Pastries

226 Park Place Center
Kirkland, WA 98033
hoffmans.fine.pastries@att.net
(425) 828-0926

10% discount. Age: 60+

Hoyt's Pub

1527 Queen Anne Ave N
Seattle, WA 98109
(206) 284-2656

20% discount. Age: 60+ or
people with disabilities.

Hunan Spring Buffet

10242 16th Ave SW
Seattle, WA 98146
(206) 763-2883

10% discount. Age: 65+ or
people with disabilities.

India House Restaurant

4737 Roosevelt Way NE
Seattle, WA 98105
(206) 632-5072

20% discount. Valid T-TH
(evenings only). Age: 60+ or
people with disabilities.

Ivar's Seafood Bars

Most locations in Seattle

10% off with Ivars membership
card. Age: 55+ or people with
disabilities.

**Jonah's Restaurant,
Best Western Bellevue Inn**

11211 Main St
Bellevue, WA 98004
(425) 455-5240

20% off food and non-alcoholic
beverages. Age: 55+ or people
with disabilities

Julia's Restaurant

20% off entire bill, excluding
beer and wine. Age: 60+ or
people with disabilities.

375 NW Gilman Blvd
Issaquah, WA 98027
(425) 557-1919

4401 Wallingford Ave N
Seattle, WA 98103
(206) 633-1175

Katinas Kitchen

4215 Gilman Ave W
Seattle, WA 98199
(206) 284-0370

Call for discount. Age: 62+

Kentucky Fried Chicken

10% off on regularly priced items
or meals. Age: 60+ or people
with disabilities.

31717 Pacific Hwy S
Federal Way, WA 98003
(253) 941-0440

3501 SW Avalon Way
Seattle, WA 98126
(206) 937-3043

Kanishka Cuisine of India

16101 Redmond Way
Redmond, WA 98052
(425) 869-9182

10% discount. Age: 60+ or
people with disabilities.

Larsen Bakery

8000 24th Ave NW
Seattle, WA 98117

www.larsenbakery.com

(206) 782-8285

(800) 626-8631

10% discount Monday only.

Age: 60+ or people with
disabilities.

Little Pastry Cafe

11740 15th Ave NE

Seattle, WA 98125

(206) 365-2500

10% discount on total bill. Age:
60+ or people with disabilities.

Lucky City Restaurant

25650 101 Ave SE

Kent, WA 98031

(253) 854-9660

10% off lunch & dinner menu.

Age: 60+ or people with
disabilities.

Mad Pizza

15% off entire order.

www.madpizza.com

Age: 60+ or people with
disabilities.

1314 Madison St

Seattle, WA 98122

(206) 322-7447

4021 East Madison St

Seattle, WA 98112

(206) 329-7037

3601 Fremont Ave N

Seattle, WA 98103

(206) 632-5453

Madrona Ale House

1138 34th Ave

Seattle, WA 98122

burke.shethar@prodigy.net

(206) 323-7807

20% discount. Age: 60+ or
people with disabilities

Meridian Restaurant

1900 N Northlake Way

Seattle, WA 98103

www.meridianrestaurant.com

(206) 547-3242

25% off. Not valid with early
dinners or other discounts. Age:
60+ or people with disabilities.

Mimi's Bakery

10% discount on birthday
cakes, pastries, desserts and
wedding supplies. Age: 60+ or
people with disabilities.

4809 Beacon Ave S

Seattle, WA 98108

(206) 923-1697

4219 SW Admiral Way

Seattle, WA 98116

(206) 923-1697

Mr Bar-B-Que

7302 1/2 15th Ave NW

Seattle, WA 98117

(206) 706-9429

10% off. Age: 60+ or people with disabilities.

Muffin Break Cafe

31847 Pacific Hwy S

Federal Way, WA 98003

(253) 946-6149

10% off. Age: 60+ or people with disabilities.

My Friends Cafe

310 NE 72nd St

Seattle, WA 98115

(206) 523-8929

Free coffee with breakfast until 10am. Age: 60+ or people with disabilities.

Nielsen's Pastries

520 2nd Ave W

Seattle, WA 98119

(206) 282-3004

10% off excluding cakes, and special orders. Can not be combined with other discounts. Open 7:30am-3pm. Closed Sunday. Age: 60+ or people with disabilities.

Northgate Subway

10734 5th Ave NE

Seattle, WA 98177

(206) 362-4649

10% off on footlong subs, with a purchase of a medium drink. Age: 60+ or people with disabilities.

North Hill Bakery

518 15th Ave E

Seattle, WA 98112

(206) 325-9007

15% discount. Age: 60+ or people with disabilities.

O'Rexi Restaurant

10% discount. Can not be combined with other discounts or coupons. Age: 60+ or people with disabilities.

1145 98th Ave NE

Kirkland, WA 98133

(425) 823-2342

31 Bellevue Way NE

Bellevue, WA 98004

(425) 455-5344

Oscar's II

201 E Madison

Seattle, WA 98122

(206) 324-2029

10% discount only on dinners. Age: 60+ or people with disabilities.

**Perche' No Ristorante
Italiano**

621 1/2 Queen Anne Ave N
Seattle, WA 98109

(206) 298-0230

10% discount on food only.

Age: 60+ or people with
disabilities.

Pike Place Bagels, Inc.

750 Harrison St
Seattle, WA 98109

(206) 682-2435

15% discount. Age: 60+ or
people with disabilities.

Puerto Vallarta

4727 California Ave SW
Seattle, WA 98116

(206) 937-7335

20% discount. Not valid with
any other offers. Age: 60+ or
people with disabilities.

Quizno's

10% off. Age: 60+ or people
with disabilities.

617 NW Richmond Beach Rd
Shoreline, WA 98177
(206) 542-2525

650 228th Ave NE
Redmond, WA 98053
(425) 898-9047

Racha Noodle's Thai Cuisine

23 Mercer St
Seattle, WA 98109

(206) 281-8883

10% off, not valid with any
other offers. Age: 60+ or
people with disabilities.

Romios Pizza & Pasta

8523 Greenwood Ave N
Seattle, WA 98103

(206) 782-9005

15% off everything. Age: 60+

Rose's Hi-Way Inn

26915 Pacific Hwy S
Des Moines, WA 98195

(253) 839-7277

10% discount, show card.
Age: 60+

Sahara Restaurant

4752 University Way NE
Seattle, WA 98105

(206) 527-5216

20% discount. Age: 60+ or
people with disabilities.

Saigon City Restaurant

15045 Bel/Red Rd
Bellevue, WA 98007

(425) 401-0823

15% discount. Age: 60+ &
20% for people with
disabilities.

Shallots Asian Bistro

2525 4th Ave

Seattle, WA 98103

(206) 728-1888

10% discount. Age: 60+ or
people with disabilities.

Shilla Restaurant

2300 8th Ave

Seattle, WA 98121

(206) 623-9996

10% off dinner meal. Not valid
with other discounts. Age: 60+
or people with disabilities.

Silence Heart Nest

5247 University Way NE

Seattle WA 98105

(206) 524-4008

10% off menu items Age: 65+

Skippers W. Seattle

4302 SW Edmunds

Seattle, WA 98116

(206) 938-1515

10% discount, or a 2 piece fish,
fries, & drink for only \$3.99.

Age: 60+ or people with
disabilities.

Soundview Cafe

1501 Pike Place Market

Seattle, WA 98101

(206) 623-5700

10% off all sales. Age: 60+

Spud Fish & Chip-Green lake

6860 East Greenlake Way

Seattle, WA 98115

(206) 524-0565

10% discount. Age: 60+ or
people with disabilities.

Stella's Trattoria

4500 - 9th Ave NE

Seattle, WA 98105

(206) 633-1100

11.75% off food items only.
Not valid with other offers.
Age: 60+

Subway Sandwiches

10% discount. Age: 60+ or
people with disabilities.

811 E Pike St

Seattle, WA 98122

(206) 325-7310

4336 Roosevelt Way NE

Seattle, WA 98105

(206) 545-7851

15500 1st Ave S

Seattle, WA 98148

(206) 241-1920

Sub City

(next to Bartell Drug)
22833 Bothell-Everett Hwy,
suite# 105, Canyon Park
Bothell, WA 98021

Web: hkdp@prodigy.net
(425) 486-4098

10% off. Age: 60+ or people
with disabilities.

Thai Delight

6109 6th Ave S
Seattle, WA 98108
(206) 767-3961

10% off. Age: 60+ or people
with disabilities.

Thai Pearl**Fine Thai Cuisine**

12319 Roosevelt Way NE
Seattle, WA 98125
(206) 366-0191

15% off. Age: 60+ or people
with disabilities.

The Frankfurter

226 S Orcas St
Seattle, WA 98108
www.thefrankfurter.com
206-763-9669

15% off at all Frankfurters.
Restuarants when showing the
"Gold Card or FLASH Card."
5 stores in Seattle and 1 store
in Bellevue. Age: 60+ or people
with disabilities.

The Tantalus Restaurant

317 Gilman Blvd #37
Issaquah, WA 98027
(425) 391-6090

20% off, not valid with any
other offer. Age: 60+ or people
with disabilities.

The Wellington Tea Room

4869 Rainier Ave S
Seattle, WA 98118
(206) 722-8571

Buy one senior lunch or dinner
& get the second one free.
Must mention discount. 10%
off or people with disabilities.

Thumper's Restaurant

1500 East Madison
Seattle, WA 98104
(206) 328-3800

15% off dinner check. Age:
60+ or people with
disabilities.

Tony Roma's

We offer a full menu with dis-
count prices especially for
seniors. Age: 55+
1020 Bellevue Way
(425) 454-7705

3828 - 196th SW
Lynnwood, WA
(425) 771-3700

543 NE Northgate Way
(206) 367-8384

166 S King St
(206) 623-3600

17305 Southcenter Pkwy
(206) 575-1050
(253) 925-2204

Toreros Mexican Restaurant

10% off food items. Age: 60+
or people with disabilities.

17171 Bothell Way NE #215
(Inside Third Place Books)
Seattle, WA 98155
(206) 362-4300

15600 NE 8th St #11
Bellevue, WA 98008
(425) 644-7710

Trattoria Mitchell

84 Yesler
Seattle, WA 98104
(206) 623-3883

11.75% off food items. Not
valid with other offers.
Age: 60+

Twede's Cafe

137 W North Bend Way
North Bend, WA 98045
twedescafe@centurytel.net
(425) 831-5511
10% discount. Age: 60+ or
people with disabilities

Val's Cafe

6020 Phinney Ave N
Seattle, WA 98103
(206) 784-7666
15% discount on both breakfast
& lunch food. Age: 61+

Wallingford Bakery

4405 Wallingford Ave N
Seattle, WA 98103
(206) 547-3203
20% off purchase in bakery.
Age: 60+ or people with
disabilities.

Wendy's

10% discount through out
Seattle/King County Area.
Age: 60+

Wingdome

10% off. Age: 60+ or people
with disabilities.

232 Central Way
Kirkland, WA 98022
(425) 822-9464

7818 Greenwood Ave N
Seattle, WA 98103
(206) 706-4036

4545 University Way NE
Seattle, WA 98105
(206) 271-5032

World Wrapps

10% off. Age: 60+ or people
with disabilities.

124 Lake St South
Kirkland, WA 98033
(425) 827-9727

406 Broadway East
Seattle, WA 98102
(206) 328-9727

2750 NE University Village
Seattle, WA 98105
(206) 522-7873

1109 Madison (First Hill)
Seattle, WA 98104
(206) 467-9744

228 Bellevue Square #228
Bellevue, WA 98004
(425) 635-0103

528 Queen Anne Ave N
Seattle, WA 98109
(206) 286-9727

7900 E Greenlake Ave N
Seattle, WA 98103
(206) 524-9727

701 5th Ave #109
(Columbia Tower)
Seattle, WA 98104
(206) 340-0810

222 Yale Ave N (REI)
Seattle, WA 98109
(206) 233-0222

400 Pine St #346
(Westlake Center)
Seattle, WA 98101
(206) 628-6868

601 Union St #222
(Two Union)
Seattle, WA 98101
(206) 628-9601

Yamamoto Restaurant

1721 W Meeker St
Kent, WA 98032
(253) 850-8154

10% off. Age: 60+ or people
with disabilities.

RETAIL STORES



A Bit of Hawaii

735 Southcenter Mall
Seattle, WA 98188

(206) 444-9242

20% off merchandise in stock,
except Sale items. Age: 60+ or
people with disabilities.

A-1 Computers

Fred Meyer shopping Mall
5050 State Hwy 303 NE
Bremerton, WA 98311

(360) 377-6389

5% off merchandise in stock,
except sale items. Age: 60+ or
people with disabilities.

Arundel Books

1113 First Ave
Seattle, WA 98101

(206) 624-4442

10% off merchandise in stock,
except sale items. Age: 60+ or
people with disabilities.

Chong Wah Ginseng & Herbs Gift Center

1032 S Jackson St
Seattle, WA 98104

(206) 323-7229

5% off. Age: 60+ or people
with disabilities.

City Books

1305 Madison St
Seattle, WA 98104

(206) 682-4334

10% discount off regularly
priced books. Age: 60+ or
people with disabilities.

Dita Boutique

1525 1st Ave
Seattle, WA 98101

(206) 622-1770

10% discount off full retail
price. Age: 60+ or people with
disabilities.

Eula's Gifts & Boutique

5307 4th Ave South
Seattle, WA 98144

(206) 763-4248

15% discount off regularly
priced items, and 10% off sales
items. Age: 60+ or people with
disabilities.

Farmhouse Gifts

PO Box 47023

Seattle, WA 98146

*http://stores.andale.com/
farmhousegifts*

(206) 988-8808

10% discount on general
merchandise. 50% off shipping
Watkins or Tupperware.

Age: 60+ or people with
disabilities.

**Frontier Schrimshaw Gallery/
Northwest Gallery**

370 Thomas

Seattle, WA 98109

(206) 728-5865

10% discount on all items
except "Wee Forest Folks."

Age: 60+ or people with
disabilities.

Gottschalks

10% discount on Mondays &
Tuesdays, & free shopping bags,
(free basic alterations at Seattle
location), free gift wrap, free
UPS ground service on one visit.
www.gottschalks.com Age: 55+

2600 SW Barton
Seattle, WA 981261
(206) 938-4116

12601 120th NE
Kirkland, WA 98034
(425) 821-7788

J & B African Market

5005 38th Ave SW #3

Seattle, WA 98126

www.jbafricanmarket.com

(206) 915-5178

30%-40% discount on general
merchandise. Age: 60+ or
people with disabilities.

Jean's Boutique

2301 S Jackson #210

Seattle, WA 98144

(206) 322-4925

15% discount on Mondays &
Tuesdays. Age: 65+

Leslies

3405 California Ave SW

Seattle, WA 98116

(206) 923-2636

10% off. Age: 60+ or people
with disabilities.

Made in Washington Store

10% off on all regular priced
merchandise, not good on any
other type of offer.
Age: 60+ or people with
disabilities.

Pike Place Market
1530 Post Alley
Seattle, WA 98101
(206) 467-0788

Gilman Village #28B
Issaquah, WA 98027
(425) 392-4819

Westlake Center
Seattle, WA 98101
(206) 623-9753

Bellevue Square
Bellevue, WA 98004
(425) 454-6907

Northgate Mall
Seattle, WA 98125
(206) 361-8252

Alderwood Mall
Lynnwood, WA 98037
(425) 771-3212

Southcenter Mall
Tukwila, WA 98188
(206) 439-9683

Mens Wearhouse
10359 SE 187th Pl
Renton, WA 98055
(206) 444-9242

10% off any purchases, except
sale items. Age: 60+ or people
with disabilities.

Modern Trading Co.
650 S Jackson St
Seattle, WA 98104
(206) 624-4821
20% off, excluding some big
ticket items. Age: 64+

Multilingual Books
1205 E Pike
Seattle, WA 98144
(206) 328-7922
10% discount. Age: 60+ or
people with disabilities.

Pacific Fabrics & Crafts
10% off on all regular priced
merchandise, not good on any
other type of offer. Age: 60+ or
people with disabilities.

10203 Evergreen Way
Everett, WA 98204
(425) 353-2684

1645 140th Ave NE
Bellevue, WA 98005
(425) 649-5182

838 NE. Northgate Way
Seattle, WA 98125
(206) 362-1522

2230 4th Ave S
Seattle, WA 98134
(206) 628-6237

4214 Wheaton Way
Bremerton, WA 98310
(360) 479-4214

15790 Redmond Way
Redmond, WA 98052
(425) 869-5840

3715 S Meridian
Puyallup, WA 98373
(253) 770-1695

Papyrus

Get your “Customer Appreciation Card.” Every time you buy a card you get a hole punched. At 10 punches you get one free. 10% discount. Age: 60+ or people with disabilities.

Northgate Mall
(206) 363-8055

Southcenter Mall
(206) 439-3530

Tacoma Mall
(253) 471-8620

Four Seasons Hotel
(206) 464-1505

Pacific Place
(206) 382-9172

University Village
(206) 523-0055

Rogers Clothing for Men, Inc
1521 2nd Ave
Seattle, WA 98101
(206) 624-6544

10% discount. Age: 60+ or people with disabilities.

Ropa Bella

3131 East Madison #100
Seattle, WA 98112
(206) 324-7985

10% discount on clothing when purchasing with Gold Card. Age: 60+ or people with disabilities.

Seattle Unique Gifts/Embassy Suites Hotel Gift Shop
3225 158th Ave SE
Bellevue, WA 98008
(425) 644-9902

10% discount on all items. Age: 60+ or people with disabilities.

Sharpe Shop, Inc.

128 S Lucile St
Seattle, WA 98108
(206) 762-6480

10% discount on all items. Age: 60+ or people with disabilities.

**Stall & Dean/
Ebbets Field Flannels**

404 Occidental Ave S
Seattle, WA 98104
(206) 382-7249

10% off merchandise in stock,
except already discounted
items. Age: 60+ or people with
disabilities.

Table Top Company

1419 3rd Ave
Seattle, WA 98101
(206) 405-3333

10% discount. Age: 60+ or
people with disabilities.

Terra Mar

7200 Greenwood Ave N
Seattle, WA 98101
(206) 784-5350

10% discount on all stationary,
candles, vases, scarves, & toys.
15% discount on all jewelry &
bath products. Age: 60+ or
people with disabilities.

The Blue Canoe

2592 NE University Village
Seattle, WA 98105
(206) 528-1776

20% discount. Age: 60+ or
people with disabilities.

The “U” Store

5214 University Way NE
Seattle, WA 98105/

50% discount. Age: 60+ or
people with disabilities.

Tiny Violet

7339 35th NE
Seattle, WA 98115
(206) 522-3621

15% discount. Age: 60+ or
people with disabilities.

**University Used & Rare
Books**

4213 University Way NE
Seattle, WA 98105
(206) 632-3738

10% discount. Age: 60+ or
people with disabilities.

Young’s Flower & Gifts

1527 Cole St
Enumclaw, WA 98022
(360) 825-4381

10% discount free deliveries.
Age: 60+ or people with
disabilities.

Zobrist Music

1214 - 1st Ave
Seattle, WA 98101
(206) 624-2424

10% - 30% off all musical
equipment. Age: 60+ or people
with disabilities.

THEATERS, MUSEUMS, AND PERFORMING ARTS



A Contemporary Theatre

700 Union St

Seattle, WA 98101

www.acttheatre.org

(206) 292-7660-Main

(206) 292-7676-Box office

Half-price on day of show.

Half-price on advance for matinees. Phone orders accepted. Discount does not

apply to all events, call for senior discounts. Age: 62+

People with disabilities 25% off full price.

Bainbridge Performing Arts

200 Madison Ave N

Bainbridge, WA 98110

(206) 842-8569

Theatre: \$3 off adult ticket.

Orchestra: \$4 off. Age: 65+

Book-It Repertory Theatre

Seattle Center House,

305 Harrison Street

Seattle, WA 98109

Web: www.book-it.org

Office: (206) 216-0877

Tickets: (206) 325-6500

\$17.25 ticket price Fri & Sat

\$15 ticket price Thurs & Sun.

Book-It uses a variety of venues throughout Seattle; call 325-6500 for directions & tickets. Age: 65+

Bumbershoot the Seattle Arts Festival

Seattle Center-201 Mercer St

Seattle, WA 98109

(206) 281-7788

\$2 a ticket for age: 60+.

Free for people with disabilities.

Burien Live Theatre

4th Ave SW and SW 146th

Burien, WA 98148

www.burienlittletheatre.com

(206) 242-5180

20% off on a \$12 ticket

Age: 60+ or people with disabilities.

Cineplex Odeon Theatres

All Seattle locations

Senior & Disabled have discounts. Please call your local theater.

Experience Music Project
Seattle Center-325 5th Ave N
Seattle, WA 98109
(206) 367-5483
20% off ticket \$15.95 (regularly \$19.95) Age: 65+

Intiman Theatre
Seattle Center
201 Mercer St
Seattle, WA 98109
www.intiman.org
(206) 269-1900
Senior discounts for season subscriptions. Half-price tickets available day of performance in person at the box office. Age: 62+ or people with disabilities discount will be approximately 25% off. Price to wheelchair locations varies.

Kirkland Performance Center
350 Kirkland Ave
Kirkland, WA 98033
www.kpcenter.org
(425) 893-9900
Typically 20% off regular ticket prices. Age: 62+

Klondike Gold Rush National Historical Park
117 S Main St
Seattle, WA 98104
(206) 553-7220
Free entrance, movies will be shown on request. Gold mining demo's and walking tours June to Sept. Age: 62

Museum of History & Industry
2700 - 24th Ave E
Seattle, WA 98112
(206) 324-1126
Senior admission is \$3 everyday. Age: 55+ or people with disabilities.

NW Asian American Theatre
409 7th Ave S
Seattle, WA 98104
www.nwaat.org
(206) 340-1445
\$2 off all performance tickets. Age: 55+

NW Puppet Center
9123 15th Ave NE
Seattle, WA 98115
www.nw.puppet.org
(206) 523-2579
\$1.50 off all general ticket prices. Age: 65+ or people with disabilities.

Pacific Science Center

Seattle Center-200 2nd Ave N
Seattle, WA 98109

(206) 443-2001

\$2 or more off ticket prices.

-Exhibits only-\$5.50

-2D IMAX only-\$5.75

-3D IMAX only-\$5.50

-Seniors are free to exhibits
every Tuesday. Age: 65+

Pacific NW Ballet

Seattle Center-301 Mercer St
Seattle, WA 98109

(206) 441-9411

Additional discounted rate on
season subscriptions. Half-price
tickets 1 1/2 hours prior to
curtain time. Subject to avail-
ability. Age: 60+

Seattle Art Museum

1st Ave at University St

(206) 625-8900

\$5.00 admission any time, free
admission first Friday for
Seniors. First Thursday of the
month is free for all of the
public.

Seattle Center

Center House

Seattle, WA 98109

www.seattlecenter.com

(206) 684-7200 main

(206) 684-8582 recording

-Ballroom dance class on

Monday 11:30-12:30.

\$3 suggested donation.

-Senior dancing to live music on

Monday and Wednesday from

1:00-3:00 p.m. in the Center

House. \$2 suggested donation.

-Folkdancing on Monday and

Thursdays from 7:00-10:00

p.m. in the Center House.

(Donations accepted).

-Saturday night dances

features ballroom & swing

from 8:00-11:00 pm \$5

suggested donation

-Square Dancing (Summer)

7:30-9:30 p.m. in the Center

House.

Seattle Children's Theatre

at Seattle Center

Seattle, WA 98109

(206) 441-3322

30% off on adult tickets.

\$14.50 pm/\$15.50 matinee.

Seniors are encouraged to

attend discounted Senior

matinees. Age: 60+

Seattle Opera

Seattle, WA 98109

(206) 389-7676

1-800-426-1619

50% off 2 hours before curtain.

An additional 10% off on full

priced season tickets. Age: 60+

Seattle Public Theatre

915 E Pine #426

Seattle, WA 98122

www.seattlepublictheater.org/

((206) 328-4848

\$2 off all general ticket prices.

Age: 60+ or people with disabilities.

Seattle Repertory Theatre

Seattle Center-155 Mercer St

Seattle, WA 98109

www.seattlerep.org/

(206) 443-2210

Tickets can be purchased for the senior price of \$31 and \$21. Age: 65+

Seattle Symphony

at Benaroya Hall

3rd and Union

Seattle, WA 98104

www.seattlesymphony.org

(206) 215-4762

(206) 215-4747 (tickets)

\$10 tickets 1 hour prior to the concert depending on ticket availability. Age: 60+

Second Story Repertory

At Redmond Town Center,

16587 NE 74th St

Redmond, WA 98052

www.secondstoryrep.org

secondstoryrep@yahoo.com

(425) 881-6777

\$4 off the ticket price for the “Mainstage Series Shows.”

Showtimes: Thurs-Sat at 8:15 and Sunday matinees at 2:15.

Age: 65+

Space Needle

Seattle, WA 98109

(206) 905-2100

Observation Deck Senior Price
\$9 (\$2 savings on tickets).

Sprouts Childrens Theatre

16587 NE 74th St

Redmond, WA 98052

(425) 881-6777

All Sprout productions are musicals, and run 45-60 minutes. The ticket price is \$7.50 for the “Musical.”

Showtimes: Fridays at 7pm and Saturdays and Sunday at 1 & 3 pm. Age: 65+

Taproot Theatre Company

204 N 85th St

Seattle, WA 98103

www.taproottheatre.org

(206) 781-9705

\$2 off all general ticket prices, also tickets can be purchased for half-price 30 minutes before performance on space available basis. Not valid with any other discount. Age: 62+ or 60 with a Gold Card.

The Burke Museum

17th NE and NE 45th
(206) 543-5590

Free admission for seniors and disabled on the 1st Thursday of the month. \$5.00 admission any other time for seniors.

University of Washington Meany Hall

4001 University Way NE
Seattle, WA 98105

Lively Arts Series and International Chamber Music Series, UW World Series at Meany.

www.meany.org
(206) 543-4880

Tickets can be purchased for half-price (cash only) 1/2 hr. before show on space available basis. Maximum purchase of two tickets per person. No refunds or exchanges. Not valid with any other discount. Must show "Gold Card or FLASH Card" Age: 55+ or people with disabilities.

West Seattle Kids Theatre

3940 41st SW
Seattle, WA 98116
wskidstheatre@aol.com
(206) 935-9782

15% off WSKT Productions ticket & 15% off theatre classes & courses. Age: 60+ or people with disabilities.

Youth Theatre Northwest

8805 SE 40th St
Mercer Island, WA 98040

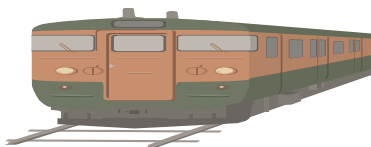
www.youththeatre.org

(206) 232-2202

(206) 232-4145

Senior discounts for season subscriptions of \$35. That makes each ticket \$7. Special shows and events at discounts. Age: 60+ or people with disabilities.

TRANSPORTATION BUSES, TRAINS, AND FERRIES



Amtrak

3rd & Jackson
Seattle, WA 98104
1-800-872-7245

15% off the applicable adult rail fare, does not apply to first-class accommodations. 10% off is on the "North America Rail Pass." 30 Days, 2 countries, 1 pass. It is the most adventurous and affordable way to see the United States and Canada. Age: 62+ or people with disabilities. Proof of age and disability required.

Seattle Center Monorail

305 Harrison St
Seattle, WA 98109

www.seattlecenter.com

(206) 905-2620

\$1.50 one way \$1.00 round trip

\$10.00 monthly pass. Train
departs every 10 minutes.

Weekdays 7:30am-11pm

Weekends 7:00am-11pm

ADS Accessible Age: 65+

Metro Transit

201 S Jackson
Seattle, WA 98104

(206) 553-3060

Reduced rate passes for seniors
65+ and persons 18+ with
disabilities; \$3.75 monthly pass
for unlimited free rides; taxi
scrip (for half fares on taxis) for
seniors 65+ or persons 18+
with disabilities and meeting low
income guidelines.

Washington State Ferries

2911 - 2nd Ave.

Seattle, WA 98121-1012

www.wsdot.wa.gov/ferries

(206) 464-6400

Passengers and drivers receive
50% off depending on route.

Age: 65+ or disabled, must
show proper proof.

TRAVEL AND ACCOMMODATIONS



Argosy Cruises

1101 Alaskan Wy Pier 55 #201
Seattle, WA 98101

www.argosycruises.com

(206) 623-1445

(800) 642-7816

Discount is \$2.

-Habor Cruise departs Pier 55

-Locks Cruise departs Pier 56

-Lakes Cruise "Seattle" de-
parts from Age Marina on S.
Lake Union.

-Lakes Cruise "Kirkland"
departs from the City Dock.

Camlin Hotel

1619 9th Ave.

Seattle, WA 98101

www.caminhotel.com

(206) 682-0100

35% off rack rate. Age: 60+
or people with disabilities. We
do not have handicapped
access to our rest rooms.

Doubletree Guest Suites

16500 Southcenter Parkway
Seattle, WA 98188

(206) 575-8220

Special Hotel Rate of \$99.00
per night weekdays & \$79.00
per night weekends. Age: 60+
or people with disabilities.

Doubletree - Seattle Airport

18740 Pacific Highway South
Seattle, WA 98188

www.doubletree.com

(206) 246-8600

10% off of the best available
rate of the day with the "Gold
Card or FLASH Card." Age:
60+ or people with disabilities.

Econo Lodge

13910 Pacific Hwy S
Seattle, WA 98168

(206) 431-9502, or

1-800-446-6661

Fax (206) 431-9503

20% off rack rate. Age: 60+
or people with disabilities.

**Hilton Seattle Airport &
Conference Center**

17620 Pacific Highway S
Seattle, WA 98188

www.hilton.com

(206) 244-4800

10% off of the best available
rate of the day with the "Gold
Card or FLASH Card." Age:
60+ or people with disabilities.

Holiday Inn-SeaTac Airport

17338 International Blvd
Seattle, WA 98188

www.holiday-inn.com

(206) 248-1000

Buy 1 get 1 free. Not valid on
holidays or in combination with
any other promotion. Age: 60+
or people with disabilities.

**Quinault Beach Resort and
Casino**

Ocean Shores, WA

(360) 752-2285, or

Fax (360) 752-2287

Call about discounts for senior
or people with disabilities.

Red Lion Hotel

205 Strander Boulevard

Seattle, WA 98188

(206) 246-8220

Special Hotel Rate of \$69 per
night weekdays & \$49 per
night weekends. Age: 60+ or
people with disabilities.

West Coast Grand Hotel

1415 5th Avenue

Seattle, WA 98101

www.westcoasthotels.com

(206) 971-8000

10% off regular rate. Age: 60+
or people with disabilities.

UTILITIES



AT&T Cable

Rate 26 customers or low-income individuals are eligible for a discount on their **basic** cable. Call us at (206) 684-0500 for more information or forms.

Energy Assistance

If you are a low-income resident of the City of Seattle, the Central Area Motivation Program may be able to provide you with financial assistance to help with your home heating bill. Call **(206) 328-2356** for assistance. In other areas of the county call:

Community Info (206) 461-3200
E.L.I.A. (206) 684-3688
Hopelink North (425) 869-6027
Kent (253) 850-1338
Kitsap CAP (360) 479-1507
Oper. Emerg Ctr (253) 850-1338
Pierce Co CAA (253) 798-3800
Project Share (206) 684-0268

Queen Anne (206) 282-1540
R.O.A.R (206) 634-1977
Saint Vincent (206) 767-6449
Salvation Army (206) 447-9944
Salvation Army (206) 767-3150
Snohomish (425) 259-5185
South King Co (253) 874-4328
Tacoma (253) 572-5557
Thurston, Lewis, Mason CAC
.....(360) 438-1100
West Seattle (206) 932-4357
White Center Helpline
.....(206) 767-7124

Millennium Cable

Call about discount and requirements for discount. Eligibility is determined over the phone. Call 1-800-829-2225

Seattle City Light -Rate 26

Discounts on City Light bills, free service and replacement parts on appliances **you own**. To be eligible customers must meet these requirements :
Age: 65+ or receiving disability payments, or blind, or on life support at home. Customers living in subsidized housing are not eligible except those living in SHA Bond housing. Income cannot exceed 70% of state median income. Call the Mayor's Office for Senior Citizens at (206) 684-0500 for more information.

Seattle City Light -Rate 27

Reduced rates for households with individuals under 65 years of age or people receiving disability payments, with incomes less than 200% of federal poverty level. Call (206) 684-0268 for more details.

Seattle Public Utilities

Utility Discount Program

Discounts on combined utilities (water-sewer-solid waste bill) for seniors 65+ or people with disabilities. Must meet the same guidelines as **Rate 26**-see the requirements above. Call the Mayor's Office for Senior Citizens at (206) 684-0500 for more information.

Seattle Public Utilities, Resource Conservation

WashWise: \$100 Rebate

On a qualified WashWise washing machine for a residence that is provided water by Seattle Public Utilities or one of the wholesale water purveyors. Call (206) 615-1282 for more information.

Mulching Mower and Compost Bin Sales

Come to one of the sales events for great deals on mulching mowers and yard waste compost bins! Call 1-888-860-5296 for information.

Puget Sound Energy

PO Box 91269

Bellevue, WA 98009

1-888-225-5773

Warm Home Fund energy assistance for low-income customers. Administered by the Salvation Army. Gas or electric customers. Assistance to qualifying PSE gas-electric customers.

Washington Telephone Assistance Program

Discounts on phone service and connection charges to individuals enrolled in any one of these public assistance programs: Aid to Families with Dependent Children (AFDC), Chore, Food Stamps, Supplemental Security Income (SSI), Refugee Assistance, and Community Options Program (COPES). Call the business office at U.S. West at (206) 345-5552 or WTAP at (888) 700-8880.

VETERINARIANS



A Valley Animal Hospital

3615 W Valley N

Auburn, WA 980

(253) 833-6701

10% off services. Full price on medications, & anything sent out for evaluation.

Age: 60+ or people with disabilities.

All Critters Animal Hospital

10% off services. Age: 60+

2834 228th

Sammamish, WA 98029

(425) 392-7387

2834 228th Ave SE

Issaquah, WA 98075

(425) 392-7387

Animal Clinic of Benson

10700 SE 208th St #204

Kent, WA 98031

(253) 852-6330

10% off regular prices. Cannot be combined with any other offer. Age: 60+ or people with disabilities.

Aurora Veterinary Hospital Evelyn M. Robertson, DVM Lisa J. Newton, DVM

Susan Knoblauch, DVM

8821 Aurora Ave N

Seattle, WA 98103

(206) 525-6666

10% off. Mon-Sat. Age: 65+

Banfield Pet Hospital

13000 Aurora Ave N

Seattle, WA 98133

www.banfield.net

(206) 366-6630

5% discounts. Age: 65+

Capitol Hill Animal Clinic Kristine Boudreaux DVM

501 - 15th Ave E

Seattle, WA 98112

(206) 322-5750

15% off services. Age: 65+

Cat Clinic of Seattle

3842 Stone Way N

Seattle, WA 98103

(206) 633-1133

10% off services. Age: 65+

Cats Exclusive Veterinary Center

19203 Aurora Ave N

Seattle, WA 98133

(206) 546-2287

10% off services & boarding.
Age: 63+ or people with disabilities.

**City of Seattle
Animal Shelter**

2061 - 15th W
Seattle, WA 98119
(206) 386-4262

Pet license 1/2 price with the
Flash or Gold Cards.

Companion Animal Hospital

821 - 16th NE
Bellevue, WA 98008
(425) 746-1800

10% off Services. Age: 65+

**Crown Hill Veterinary
Hospital**

Gary R. Haas, DVM
9069 Holman Road NW
Seattle, WA 98117
(206) 782-6363

10% off all services. Excludes
retail. Age: 60+ or people with
disabilities.

Critter Doctor

12723 NE 124th St
Kirkland, WA 98034
(425) 823-6762

10% off services. Age: 60+ for
people with disabilities.

**Evergreen Veterinary
Hospital**

14423 - 124th Ave NE
Kirkland, WA 98034
(425) 821-9040

10% off most services and
retail (doesn't include pet
food). Age: 60+ for people
with disabilities there is a 20%
for "Canine companions for
independence" or "Guide
dogs". Most services and retail
(doesn't include pet food) .

**Five Corners
Veterinary Hospital**

15707 1st Ave S
Seattle, WA 98148
(206) 243-2982

10% off services, & for rescue
search dogs. Not retail. Age:
60+ or people with disabilities.

Greenlake Animal Hospital

6857 Woodlawn Ave NE
Seattle, WA 98115
www.seattleveterinaryassociates.com
(206) 524-6540

10% off on all services, and
supplies. Age: 65+ or people
with disabilities.

**Humane Society for Seattle/
King County**

13212 SE Eastgate Way
Bellevue, WA 98005
(425) 641-0080

For age 60+:

◆ Provides monthly delivery of supplemental pet food to low or fixed income seniors

◆ Animals of lower income seniors are eligible for spay/neuter surgery at our low-cost clinic, (advanced registration required)

◆ 1/2 off the adoption fee for adult cats 2 years and older or people with disabilities.

For people with disabilities or Age: 60+:

◆ Home Placement Program, will match pet to customer and bring some to those unable to leave their homes.

◆ Helps maintain pets of qualified senior's & disabled persons at home, for as long as possible. Supplies pet food, litter, grooming, & veterinary care on a regular basis.

◆ Low cost boarding for dogs, birds, hamsters, ferrets, & rabbits. Bathing & grooming is also available.

Highlands Bird & Pet Clinic

3770 NE 4th St
Renton, WA 98056
(425) 235-7387

10% off most services.

Age: 60+ or people with disabilities

Kenmore Veterinary Hospital

6630 NE 181st
Kenmore, WA 98028
(425) 485-6575

10% off Services. Age: 60+

**Klahanie Center Veterinary
Hospital**

4582 Klahanie Dr SE
Issaquah, WA 98029
(425) 392-3110

10% off everything. Age: 60+ or people with disabilities.

**Marine View Veterinary
Hospital**

22616 Marine View Dr
Des Moines, WA 98198
(206) 878-7616

10% off for 65+ & 5% for off people with disabilities.

Mercer Island**Veterinary Clinic**

2448 76th Ave SE #107

Mercer Island , WA 98040

(206) 232-0333

10% off services, full price on
meds, retail & anything sent
out for evaluation. Age: 60+ or
people with disabilities.

North Seattle**Veterinary Clinic**

10322 Lake City Way NE

Seattle, WA 98125

(206) 523-7187

10% off. Age: 65+

**Northeast Veterinary
Hospital**

9505 35th Ave NE

Seattle, WA 98115

(206) 523-1900

10% off services & surgeries.
Age: 60+ or people with
disabilities.

Northgate Veterinary Clinic

12345 15th Ave NE

Seattle, WA 98125

(206) 363-8421

10% off services & surgeries.
Age: 60+ or people with
disabilities.

NW Veterinary Hospital

4922 Stone Way N

Seattle, WA 98103

(206) 545-4255

10% off on services. Age: 60+
or people with disabilities.

**NW Veterinary Surgical
Practice**

7703 Meridian Ave N

Seattle, WA 98103

(206) 729-1919

10% off. Age: 60+ or people
with disabilities.

**Phinney Ridge Animal
Hospital**

8205 Greenwood Ave N

Seattle, WA 98103

(206) 784-9200

15% off services. Age: 60+ or
people with disabilities.

**Rainier Veterinary Hospital
Dr. Cliff E. Heino**

815 Rainier Ave S

Seattle, WA 98144

(206) 324-4144

10% off internal medicine,
surgery patients, medication &
sundries. Age: 62+ or people
with disabilities.

**Ravenna Park/Union Bay
Animal Hospital**

4541 Union Bay Pl NE
Seattle, WA 98105
(206) 523-2924

10% off on all services, and
supplies. Age: 65+ or people
with disabilities.

**Richmond Highlands
Veterinary Hospital**

18019 Aurora N
Seattle, WA 98133
(206) 546-2426

10% off on all services, and
supplies. Age: 65+ or people
with disabilities.

Sno-King Veterinary Clinic

Mark J. Call, DVM

Verle G. Call, DVM

15430 Hwy 99
Lynnwood, WA 98037
(425) 743-2311

10% off all services and drugs.
Age: 65+

**Snoqualmie Valley Animal
Hospital**

32020 SE 40th Street
Fall City, WA 98024
(425) 222-7220

10 % discount on exams and
other services. Age: 60+ or
people with disabilities.

Sunset Pet Hospital

3241 NE Sunset Blvd
Renton, WA 98056
(425) 226-6359

5% off services. (not including
medications, foods, or over the
counter products) Age: 65+

The Cat Dr Veterinary Center

2448 76th Ave SE #107
Federal Way, WA 98023
(253) 874-2012

10% off services. Age: 60+ or
people with disabilities.

Queen Anne Animal Clinic

1800 Queen Anne Ave N
Seattle, WA 98109
(206) 284-2148

10% off on all services, and
supplies. Age: 65+ or people
with disabilities.

West Valley Vet. Hospital

22815 68th Ave S
Kent, WA 98032
(253) 852-3530

10 % discount. Age: 65+ or
people with disabilities.

Wilderness Veterinary Clinic

23714 222nd Pl SE #L
Maple Valley, WA 98038
(425) 432-9975

10% off on all services. Age:
60+ or people with disabilities.

Woodinville Animal Hospital**Alan E. Marsh, DVM**

16511 140th Pl NE

Woodinville, WA 98072

(425) 483-5005

15% off services (supplies & medications are excluded).

Seeing-eye dogs receive basic services at no charge. Age: 62+

Eagle Self Storage

6432 - 233rd Pl SE

Woodinville, WA 98072

(425) 483-1111

10% off monthly rent.

Age: 60+ or people with disabilities.

Emergency Response System

214 E Galer St, Suite #250

Seattle, WA 98012

1-800-521-8822

Help at the press of a button.

Medical alert necklace

discounts in certain circumstances.

Seniors or people with disabilities.

MISCELLANEOUS**Burdick's Security**

4728 Rainier Ave S

Seattle, WA 98118

www.burdickserurity.com

(206) 725-6072

10% off. Age: 60+ or people with disabilities.

Ergo & Health Network**Home & Office Ergonomics***www.ergohealth.com**email:contact@ergohealth.com*

10% off wellness nutrition

products & 10% off ergonomic

products. Age: 60+ or people

with disabilities .

Burien Toyota - Car Sales

15025 1st Ave S

Burien, WA 98148

Burien@burientoyota.com

(206) 243-0700

New and Used Car Sales—

Special “Best Buy” pricing. Age:

62+ or people with disabilities.

Gargoyles Statuary, Inc.

4550 University Way NE

Seattle, Wa 98105

gargoylestatuary.com

(206) 632-4940

10% off all merchandise excluding consignment and sale items.

Grange Supply, Inc.

145 NE Gilman Blvd
Issaquah, WA 98027
leegrange@qwest.net
(425) 392-6469

Age: 60+ Wild bird feed, bird feeders, bird houses, and bird supplies.

Home Instead Senior Care

1200 112th Avenue NE, P-100
Bellevue, WA 98004
(425) 454-9744
(425) 456-0953 Fax
Call for Senior Discount.

Inside Out Garden Relics & Espresso Bar

3510 Stone Way N
Seattle, WA 98103
(206) 633-1900
Age: 60+ 10% off
Age: 79+ 20% off

Prolab Visual Imaging

123 NW 36th St
Seattle, WA 98107
www.digitalimaging.com
(206) 547-5447
10% off film development, digital and photographic services. Age: 60+ or people with disabilities.

RiverRock Garden & Deck

720 238th St SE
Bothell, WA 98021
riverrockgarden.com
(425) 402-7163
10% off. Age: 60+ or people with disabilities.

Sign Here

1518 Third Ave
Seattle, WA 98101
(206) 467-1070
Color copies always just \$.79
Age: 65+ or people with disabilities.

Sky Nursery

18528 Aurora Ave N
Shoreline, WA 98133
www.skynurery.com
(206) 546-4851
10% off on Wednesday on any regular priced merchandise only. (Excludes bulk material & gift certificates.) Age: 60+

Telesensory

www.telesensory.com
(206) 988-4220
(877) 551-6658
\$100 off any purchase of a CCTV: a video magnifier system. Age: 50+ or people with disabilities.

Terminix International Inc.

22125 - 17th Ave SE #103

Bothell, WA 98021

(425) 487-6643

10% off initial service.

Age: 65+

Visiting Angels

4128 California Ave SW #156

Seattle, WA 98116

ginasangels@home.com

(206) 439-2458

10% off 1st week of service for
respite care to evaluate agency.

Age: 60+ or people with
disabilities.

Wisteria View Manor

1400 South Main Street #109

Seattle, WA 98144

wvhc@attglobal.net

(206)325-0569

Section 8 assisted tenants in
apartments for low income
seniors. Age: 62+ or people
with disabilities.